

IN THE UNITED STATES DISTRICT COURT  
FOR THE DISTRICT OF MASSACHUSETTS

IN RE: )  
NEURONTIN MARKETING, SALES PRACTICES ) CA No. 04-10981-PBS  
AND PRODUCTS LIABILITY LITIGATION ) Pages 1 - 106

DAUBERT HEARING - DAY ONE  
  
BEFORE THE HONORABLE PATTI B. SARIS  
UNITED STATES DISTRICT JUDGE  
and  
JUSTICE MARCY S. FRIEDMAN  
NEW YORK SUPREME COURT

United States District Court  
1 Courthouse Way, Courtroom 19  
Boston, Massachusetts  
June 19, 2008, 2:10 p.m.

LEE A. MARZILLI  
OFFICIAL COURT REPORTER  
United States District Court  
1 Courthouse Way, Room 3205  
Boston, MA 02210  
(617)345-6787

1 A P P E A R A N C E S:

2 FOR THE PLAINTIFFS:

3 ANDREW G. FINKELSTEIN, ESQ. and KENNETH B. FROMSON, ESQ.,  
4 Finkelstein & Partners, LLP, 436 Robinson Avenue, Newburgh,  
New York, 12550.

5 JACK W. LONDON, ESQ., Jack W. London & Associates, P.C.,  
6 3701 Bee Cave Road, Suite 200, Austin, Texas, 78746.

7 FOR THE DEFENDANTS:

8 DAVID B. CHAFFIN, ESQ., Hare & Chaffin,  
160 Federal Street, 23rd Floor, Boston, Massachusetts,  
9 02110-1701.

10 JAMES P. ROUHANDEH, ESQ., Davis, Polk & Wardwell,  
450 Lexington Avenue, New York, New York, 10017.

11 JAMES E. HOOPER, ESQ. and DIANE HELLWIG, ESQ.,  
12 Wheeler Trigg Kennedy, LLP, 1801 California Street,  
Suite 3600, Denver, Colorado, 80202-2617.

13 SCOTT W. SAYLER, ESQ., LORI CONNORS McGRODER, ESQ.,  
14 and JENNIFER M. STEVENSON, ESQ., Shook, Hardy & Bacon, LLP,  
2555 Grand Boulevard, Kansas City, Missouri, 64108-2613.

15 RICHARD M. BARNES, ESQ. and MICHAEL J. WASICKO, ESQ.,  
16 Goodell, DeVries, Leech & Dann, LLP, One South Street,  
20th Floor, Baltimore, Maryland, 21202.

17 BETH L. KAUFMAN, ESQ., Shoeman Updike & Kaufman, LLP,  
18 60 East 42nd Street, New York, New York, 10165-0006.

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## P R O C E E D I N G S

THE CLERK: In Re: Neurontin Marketing and Sales Practices and Product Liability Litigation, Civil Action No. 04-10981, will now be heard before this Court. Will counsel please identify themselves for the record.

MR. FINKELSTEIN: Andrew Finkelstein, Finkelstein & Partners, on behalf of the product liability plaintiffs. Good afternoon.

MR. FROMSON: Good afternoon, your Honors. Kenneth Fromson, Finkelstein & Partners, on behalf of the products liabilities plaintiffs. Along with me is Keith Altman. He's an employee of the law firm and not an attorney.

MR. LONDON: Good afternoon. Jack London. I'm on the plaintiffs' Products Liability Steering Committee, and I'm here on behalf of the plaintiffs, and with me is Mr. Khin Soe.

MR. ROUHANDEH: Good afternoon. Jim Rouhandeh from Davis, Polk & Wardwell for the defendants.

MR. HOOPER: Your honors, Jim Hooper from Wheeler Trigg Kennedy for the defendants.

JUDGE SARIS: It's such a large courtroom and there are lots of people. Would anyone want to move in here, no vote but you get to see better? Anyone who wants to is certainly welcome to. And if you have to leave, I won't view it as insulting if you slip out, so you're not stuck. So if

1 people want to, you're certainly welcome to, especially since  
2 we've moved the monitor. Is there a reason we have moved  
3 that? So there is one behind, so you all can see? Good, all  
4 right. I'm sorry to interrupt you.

5 MR. SAYLER: Good afternoon, your Honor. Scott  
6 Sayler, Shook Hardy & Bacon, representing defendants.

7 MR. CHAFFIN: Good afternoon, your Honor. David  
8 Chaffin, Hare & Chaffin, for the defendants.

9 MR. BARNES: Good afternoon, your Honors. Richard  
10 Barnes on behalf of the defendants from Goodell DeVries Leech  
11 & Dann in Baltimore.

12 MS. HELLWIG: Good afternoon, Diane Hellwig,  
13 Wheeler Trigg Kennedy, in behalf of defendants.

14 MS. STEVENSON: Good afternoon. Jennifer Stevenson  
15 from Shook, Hardy & Bacon on behalf of defendants.

16 MS. KAUFMAN: Beth Kaufman, Shoeman Upkike &  
17 Kaufman, for the defendants.

18 MS. MCGRODER: Lori McGroder, Shook, Hardy & Bacon,  
19 on behalf of defendants.

20 JUDGE SARIS: Anyone else? All right. Well, this  
21 is a joint proceeding, which is highly unusual, between the  
22 Federal Court and the State Court of New York, and so we will  
23 be presiding jointly, and we've just had lunch. And I wanted  
24 to at least go through our understanding. A Frye hearing  
25 under New York law is actually substantially different than a

1 Daubert hearing under federal law, but my understanding is,  
2 whatever you call it, the Rules of Evidence will not apply,  
3 all right? So we were trying to think, "Well, what happens  
4 if someone objects" and I say "Sustained" and she says  
5 "Overruled"? So that's a little awkward. So we're going to  
6 just try -- we're learning working together as we go, but I'm  
7 assuming, because the Rules of Evidence don't apply, that  
8 there will be a minimum of objections. You very carefully  
9 have scripted it. This is an extremely important proceeding  
10 having to do with Neurontin, gabapentin.

11 You're both going to do opening statements, is that  
12 correct, for about a half an hour apiece, was that how we  
13 were going to do it, to lay out what you were intending to  
14 prove and why this is significant under both federal and  
15 state law? And then, ideally speaking, what we're going to  
16 do is go tomorrow morning rather than tomorrow afternoon.  
17 The trial that I had was continued, so I actually have  
18 tomorrow morning open as a block, and so some of you maybe  
19 can get out of town early tomorrow.

20 So why don't we get going. Is there anything else  
21 housekeepingwise?

22 MR. FINKELSTEIN: Quite simply, your Honor, based  
23 upon the joint stipulation that was put forward and the order  
24 electronically that was filed by the Court, the opening  
25 statements were to be fifteen minutes apiece, given the time

1 constraints.

2 JUDGE SARIS: Fine. Who's first? It's technically  
3 your motion, right, to strike?

4 MR. SAYLER: Yes, your Honor.

5 JUDGE SARIS: And nice and loudly, and there's a  
6 mike there, just because a lot of people want to hear what  
7 you have to say.

8 MR. SAYLER: Thank you very much. May it please  
9 both Courts, in every case where plaintiffs are contending  
10 that Neurontin caused a suicidal event, plaintiffs bear the  
11 burden of establishing that they have admissible expert  
12 testimony that Neurontin can and has caused suicidal events.

13 Plaintiffs have designated three experts who offer  
14 general causation opinions: They are Drs. Stefan Kruszewski,  
15 Cheryl Blume, and Michael Trimble. Defendants' position is  
16 that plaintiffs have failed their burden of establishing that  
17 these experts' general causation opinions meet the  
18 admissibility requirements under the Federal Rules of  
19 Evidence, Daubert, and Frye.

20 After hundreds of pages of reports, testimony, and  
21 briefing by plaintiffs and their experts, the essential facts  
22 upon which defendants base their Daubert and Frye motions  
23 remain unchanged. First, the placebo-controlled clinical  
24 trial data specific to Neurontin fails to establish a  
25 statistically significant association between Neurontin and

1 suicidal behavior and thinking, and in just a moment I will  
2 get into the data on that subject that has been part of the  
3 FDA's analysis.

4 Second, no epidemiologic study or testing  
5 establishes that Neurontin is associated with or causes  
6 suicide-related events, and in just a minute I will get into  
7 the one epidemiologic study the plaintiffs' experts relied  
8 upon in this case.

9 Third, plaintiffs have not disputed that there is  
10 no peer-reviewed literature of any kind that opines or  
11 concludes that Neurontin can cause a suicidal event. There's  
12 no published case report that opines or concludes that  
13 Neurontin was the cause of a suicidal event. No scientist or  
14 medical doctor, except for plaintiffs' three litigation  
15 experts, has ever formally stated or concluded in a  
16 peer-reviewed context that Neurontin can cause  
17 suicide-related events. Similarly, no scientist or medical  
18 doctor, other than plaintiffs' three general causation  
19 experts, has ever formally stated or concluded that Neurontin  
20 has a mechanism of action that leads to suicide-related  
21 events; and no scientific or medical body has ever concluded  
22 that Neurontin causes suicide-related events.

23 Fourth, and perhaps most significant, the  
24 plaintiffs' general causation experts have made no effort to  
25 conduct any epidemiologic testing to support their general



1 causation opinions. The plaintiffs did designate another  
2 expert, a Dr. McFarland, who did conduct epidemiologic  
3 testing relating to Neurontin and suicidality, but his  
4 testing did not show what the plaintiffs are contending, and  
5 therefore they haven't designated him as a general causation  
6 expert.

7 So what we have, we would submit, is that on the  
8 basis of an untested and unproven hypothesis, the plaintiffs  
9 are seeking to have you allow them to ask juries across the  
10 country and across the state of New York to conclude what no  
11 medical or scientific community has concluded, that Neurontin  
12 can cause suicide-related events.

13 Is your screen working, your Honor?

14 JUDGE SARIS: Sure.

15 MR. SAYLER: Let me turn to the Daubert and Frye  
16 standards governing the admissibility of plaintiffs' general  
17 causation expert testimony, and I won't spend much time on  
18 this. As the Court is aware, Daubert and Federal Rule of  
19 Evidence 702 require this Federal Court to act as the  
20 gatekeeper and exclude expert testimony where the party  
21 offering the testimony has failed to meet its burden  
22 establishing, among other things, that the expert testimony  
23 is relevant and reliable. The relevancy, or fit, requirement  
24 refers to the necessity of a connection between the expert's  
25 testimony and the facts of the case. These are the --

1 JUDGE SARIS: You know, I actually don't think it's  
2 a good use of your time to go through the general standards.

3 MR. SAYLER: Okay, I won't. I've got the  
4 reliability standards up here, I've indicated the Frye  
5 general acceptance test, and so I will move on to an  
6 application of these standards. With these in mind, let me  
7 spend a minute talking about the reliable and accepted  
8 scientific method for assessing general causation.

9 The Federal Judicial Center's reference manual on  
10 scientific evidence provides guidance on the proper  
11 methodology to be followed. What the reference manual  
12 provides is that in assessing general causation, the first  
13 question scientists must ask is whether the results of an  
14 epidemiologic study establish a statistically significant  
15 association between the drug and the events at issue. If,  
16 and only if, a statistically significant association is  
17 established do scientists then move on to assessing whether  
18 there's a causal relationship, applying the Bradford Hill  
19 criteria.

20 The FDA's position on this is similar. In a letter  
21 written on April 1, 2008, the FDA, speaking specifically to  
22 antiepileptic drugs and suicidality analysis, stated that it  
23 doesn't believe spontaneous post-marketing reports can be  
24 interpreted appropriately in this situation. "Patients  
25 taking these drugs have a high background rate of suicidal

1 thoughts and behaviors. It's not possible to tell from  
2 adverse event reports whether the drugs caused them. In the  
3 agency's view, the only way to establish whether or not the  
4 drugs are responsible for suicidality is to analyze  
5 controlled clinical trial data."

6 And I would submit that this method of assessing  
7 general causation is exactly what the court in the Lynch  
8 case, a First Circuit decision we discussed, have done, and  
9 what the New York court in the Bextra/Celebrex coordinated  
10 products liability proceedings did, as explained in  
11 Justice Kornreich's opinion issued last January.

12 Okay, with this standard in mind, I will preview  
13 the Neurontin controlled clinical and epidemiologic data that  
14 the plaintiffs' experts relied upon. In March of 2005, the  
15 FDA asked the manufacturers of eleven different antiepileptic  
16 drugs, or AEDs, to analyze their placebo-controlled clinical  
17 trial data using detailed protocols spelled out by the FDA.  
18 Through blinded reviews, all cases were reviewed to determine  
19 whether they belonged in one of several categories relating  
20 to suicidal behavior or thinking. After this review, the  
21 blinds were broken and the cases were categorized.

22 In June of 2006, Pfizer submitted its data on  
23 Neurontin, and this is what its data showed. Its data showed  
24 that in 5,194 gabapentin, or Neurontin, patients, there were  
25 no completed suicides, no suicide attempts, no preparatory

1 acts toward imminent suicidal behavior, and two cases of  
2 suicidal ideation. In the placebo group, there was one case  
3 of suicidal ideation in a patient population that was roughly  
4 half the size. So the incident figures were .039 percent  
5 versus .037 percent. Graphically, it looks like this. It is  
6 undisputed that these figures do not establish a  
7 statistically significant association between Neurontin and  
8 suicidal thoughts or behaviors.

9 Pfizer submitted this data. The FDA took this data  
10 along with the submissions from the manufacturers of ten  
11 other AEDs, and it pooled the data. It pooled the data, and  
12 in an FDA alert that went out on January 31 of 2008, the FDA  
13 stated that it has analyzed the data, and in the FDA's  
14 analysis, patients receiving AEDs had approximately twice the  
15 risk of suicidal behavior or ideation, .43 percent, compared  
16 to patients receiving placebo.

17 Now, the FDA has since done some recalculations and  
18 reanalysis of its data where it's pulled out certain clinical  
19 trials and grouped them different ways, and it actually came  
20 out with a statistical review of the data last week that is  
21 very informative on the issue, but the numbers from the  
22 January 31 FDA alert look like this, the Neurontin numbers  
23 versus the FDA pooled data numbers.

24 Now, even with the new statistical analysis, there  
25 are several key take-away points that come from an

1 understanding of the FDA alert as well as the statistical  
2 analysis published last week. There's a critical difference  
3 between the Neurontin data and the AED pooled data. The  
4 Neurontin data do not demonstrate a statistically significant  
5 increased risk; the pooled data do.

6 Pooling the Neurontin data with data from different  
7 AEDs doesn't change the Neurontin data. It simply means that  
8 it's been pooled with other data. The FDA specifically  
9 emphasized that it was making no causality finding and has  
10 not made a causality finding to this date.

11 Finally, and perhaps most significant, the FDA  
12 alert didn't indicate which drug or drug's data was  
13 responsible for the increased risk, but we know it was not  
14 Neurontin. The FDA's statistical review clarifies that the  
15 increased risk in the pooled data is attributable to data  
16 from two drugs. Here's a chart taken from the data and the  
17 statistical review that was published last week. In the  
18 pooled data, the FDA identified 104 cases of suicidal  
19 behavior or thinking. Of those 104 cases, 27 came from a  
20 drug called lamotrigine, and 40 came from a drug called  
21 topiramate. So 67 of the 104 cases came from those two  
22 drugs. As you can see, two of the 104 cases came from  
23 gabapentin. We will demonstrate in the coming days that if  
24 you pull out the lamotrigine and topiramate data and you  
25 analyze the other data, pooled or individually, there's

1 absolutely nothing there, absolutely nothing there.

2 We would submit that the FDA's analysis represents  
3 a risk analysis of a pool of drugs being done for regulatory  
4 purpose. The FDA is not asking the question that is being  
5 asked by this Court, and that is, do plaintiffs have reliable  
6 scientific evidence on causation?

7 There are a number of courts, including this Court  
8 in the Sutera case, the New York court in the recent  
9 Bextra/Celebrex decision, the New York Court of Appeals in  
10 Parker V. Mobile Oil, all have concluded that regulatory risk  
11 assessments and actions shall not be used to support a  
12 finding of general causation.

13 Okay, I am going to very quickly go through this  
14 epidemiologic study, the McFarland study.

15 JUDGE SARIS: You've only got three minutes.

16 MR. SAYLER: I know, my time is running out, but  
17 I'm just going to summarize it by saying this is an  
18 epidemiologic study that was done looking at the suicidality  
19 in a bipolar population. The results of this study showed  
20 that both Neurontin and lithium suicide rates were well below  
21 the background rates of suicide in bipolar populations. The  
22 author went on to explain that the difference between the  
23 lithium and Neurontin rates was due to Neurontin being  
24 prescribed in pain populations and also lithium having a  
25 protective effect. But the author reached no general

1 causation conclusion, and if anything, this epidemiologic  
2 study supports the hypothesis that Neurontin may be  
3 protective against suicidal behavior or thinking.

4 Applying the data to the Daubert factors, there is  
5 no testing that supports the plaintiffs' case. There's no  
6 epidemiologic or clinical testing that supports the  
7 plaintiffs' case. Given that there is none, there can be no  
8 rate of error. There is no acceptance for the proposition  
9 that Neurontin causes suicidal behavior or thinking, and  
10 there's no peer review or publication that reaches such a  
11 conclusion. Two of the plaintiffs' experts did not even  
12 consider the issue of Neurontin and suicidality until they  
13 were hired in this litigation. The other one reached  
14 previous inconsistent conclusions. The plaintiffs are  
15 extrapolating from theories of biological plausibility to a  
16 causation determination. This is the definition of  
17 "unjustifiable extrapolation." There are obvious  
18 alternative explanations for suicidality, given the huge  
19 background rate of suicide in the populations at issue.

20 We would submit that plaintiffs' evidence fails to  
21 satisfy Daubert and fails to satisfy Frye.

22 JUDGE SARIS: All right, thank you. Do you have  
23 all these slides for us?

24 MR. SAYLER: I sure do.

25 JUDGE SARIS: Two sets, so maybe you'd put for the

1 record and we'll each take a set?

2 MR. SAYLER: Absolutely.

3 JUDGE SARIS: Do you have those?

4 MR. SAYLER: I think we can get those to you  
5 immediately, yes, your Honor.

6 JUDGE SARIS: So maybe Robert can mark them anyway,  
7 and then we'll each get copies?

8 MR. SAYLER: Yes.

9 JUDGE SARIS: Because otherwise your opening  
10 wouldn't make sense. Okay, great, thank you. Did you have  
11 more?

12 MR. SAYLER: I had a little bit more. A few  
13 minutes real quick?

14 JUDGE SARIS: It's been fifteen minutes. We've got  
15 to be tight. Quick, okay.

16 MR. SAYLER: Quickly, your Honor, the Lynch case,  
17 it's a key case. It's a case where --

18 JUDGE SARIS: It's the linchpin?

19 MR. SAYLER: Exactly, it's the linchpin. It's a  
20 case where there were no epidemiologic studies. The  
21 plaintiffs' experts offered the type of evidence that the  
22 plaintiffs' experts offer here. The First Circuit held that  
23 studies of that sort, animal and in studies of analogous  
24 chemicals, don't prove causation in human beings in the  
25 absence of confirmatory epidemiologic data. Without such a



1 study, there's nothing on which expert opinion may be based.  
2 The plaintiffs offered no new study. This is a pre-Daubert  
3 opinion which was actually strengthened by Daubert.

4 I would also recommend the Bextra/Celebrex decision  
5 that I mentioned earlier, a very similar case where the court  
6 held that even though the plaintiffs offered biological  
7 reliability hypotheses and other evidence, they didn't have  
8 the epidemiologic data; and the experts were excluded on  
9 opining that Celebrex causes cardiovascular disease at  
10 200 milligrams.

11 JUSTICE FRIEDMAN: I read it this morning.

12 MR. SAYLER: Great, that's great. I will sit down  
13 now. We believe that the plaintiffs, they rely very heavily  
14 on biological plausibility theories and individual case  
15 reports. We will demonstrate the unreliability of the data,  
16 and also the fact that the plaintiffs, we believe, are  
17 distorting the scientific and factual record.

18 JUDGE SARIS: Thank you very much.

19 MR. SAYLER: Thank you.

20 JUDGE SARIS: Do you have slides as well?

21 MR. FINKELSTEIN: I do.

22 JUDGE SARIS: It might be useful. I didn't think  
23 to ask beforehand, just to make sure that those are  
24 available.

25 MR. FINKELSTEIN: If I may, your Honor, and,

1 frankly, there may be a couple of words that are slightly  
2 modified because as we're sitting here, we changed a couple  
3 words.

4 JUDGE SARIS: I neglected to ask, is there anyone  
5 here from the Food and Drug Administration? As everyone  
6 knows here, I sent a letter requesting. We heard back from a  
7 staff member basically asking what are the briefs that would  
8 be relevant to read, and I gave them the Pacer number, and I  
9 still don't have a response as to whether or not they're  
10 going to participate. I requested participated, as you know,  
11 from the Food and Drug Administration, and I just have not  
12 definitively heard back. They know about us. That much I  
13 can be sure of.

14 All right, excuse me. Go ahead.

15 MR. FINKELSTEIN: Good afternoon, your Honors. May  
16 it please the Court, before I even start, Judge Friedman, I  
17 just want to thank you for taking the trip up here. You've  
18 saved a lot of people a lot of time and energy all coming to  
19 New York once again, and I know the inconvenience, and thank  
20 you on behalf of all the plaintiffs.

21 JUSTICE FRIEDMAN: Thank you.

22 JUDGE SARIS: How many cases are there in New  
23 York?

24 MR. FINKELSTEIN: Total, I think it's in excess of  
25 400. I don't know the exact number.

1 JUDGE SARIS: And in the federal level, what's  
2 left?

3 MR. FINKELSTEIN: The federal level, oh, 300, I  
4 think? I'm not certain.

5 Your Honors, FDA has confirmed the experts'  
6 opinions. The experts voiced their opinion that gabapentin  
7 increases suicidality before the FDA issued their alert. The  
8 FDA alert merely confirmed that which they already knew and  
9 opined. The methodology underlying the experts' opinion is  
10 scientifically valid. The reasoning was properly applied to  
11 the reliable scientific evidence which I will outline for you  
12 very briefly. The FDA validated the experts' opinions, and  
13 this came as no surprise to any of the experts that were put  
14 forth here.

15 Gabapentin is associated with suicidality. This  
16 Court, and what we submit, how does this drug when you take  
17 this drug convert somebody to become suicidal? Well, a basic  
18 understanding that gabapentin is psychoactive: You take the  
19 drug; it changes brain chemistry.

20 It's important on how it changes the brain  
21 chemistry. Gabapentin increases brain GABA. GABA is an  
22 inhibitory neurotransmitter. There are two types of  
23 neurotransmitters in the brain, excitatory and inhibitory.  
24 GABA is the most ubiquitous neurotransmitter. It increases  
25 GABA. I will outline momentarily how we know that, but

1 that's confirmed through independent studies, human studies,  
2 spectroscopies and so on. There's sufficient data that  
3 supports that. Pfizer acknowledges it.

4 When you have increased GABA, it decreases  
5 serotonin. This too is supported in the defendants'  
6 documents. It's supported through animal studies. It's  
7 supported through clinical trials. Reduction of serotonin  
8 has predictable effects.

9 Serotonin is the neurotransmitter that's excitatory  
10 as compared to the inhibitory GABA. The excitatory  
11 neurotransmitter serotonin is the most recognized  
12 neurotransmitter associated with mood and behavior. The very  
13 foundation of this drug company's sales related to Zoloft and  
14 how they go about promoting their drug is, "Let's increase  
15 serotonin. Low serotonin is bad." Well, they also  
16 manufacture a drug that reduces serotonin. The results of  
17 reducing serotonin is, it increases suicidality, as  
18 demonstrated through the FDA alert, together with all the  
19 biological foundations that support this.

20 The experts in this case evaluated suicidality by  
21 considering whether taking a drug, gabapentin, is associated  
22 with these various considerations. When a human being takes  
23 the drug, was there a strength of an association with  
24 suicidality? Was there consistency in the findings related  
25 to increasing GABA and reducing serotonin? Was there

1 specificity related to the ingestion of the drug? How about  
2 temporality? Did it happen relatively close to taking it?  
3 This is what the experts evaluated. Was there biological  
4 plausibility, a biological gradient, coherent experiments  
5 that support this, and any analogies to similar drugs? By so  
6 doing and in such an evaluation, they satisfied Daubert and  
7 they satisfied Frye because every study that they examined  
8 was generally accepted as reliable. Most of them were done  
9 by Pfizer.

10 Frye is satisfied because of the general acceptance  
11 test. There were no novel scientific techniques that were  
12 performed here. There's no test that's surrounded with any  
13 aura of infallibility. It's not like there was a lie  
14 detector which is subject to originally a Frye test or a  
15 Breathalyzer. There was no new minted syndromes. We're not  
16 talking about a syndrome of child abuse syndrome, which is  
17 classic Frye. So Frye was satisfied. It was satisfied  
18 because our experts applied generally acceptable methods.

19 The evidence available to our experts in making  
20 this evaluation were the animal data, the human data, the  
21 epidemiological data, and case reports. At this time we have  
22 submitted the supporting documentation. I'm going to walk  
23 through it, but in our motions, I don't know if formally, but  
24 formally here I'm now asking admission for purposes of this  
25 hearing all of our exhibits, which were, I know, extensive,

1 but it supports all of these subject areas and is central to  
2 the area, and I'm simply asking for admission formally at the  
3 hearing.

4           The methods that our experts followed were  
5 consistent with what the FDA tells industry. So if a  
6 pharmaceutical company suspects that a drug is causing an  
7 adverse event, they think it's doing something bad, they tell  
8 the pharmaceutical company, "This is what we want you to  
9 do"-- and it's outlined in Guidance for Industry -- "We want  
10 you to take a look at case reports, look at epidemiology,  
11 look at the pharmacology, the pharmacodynamic,  
12 pharmacokinetics, and look at other drugs in the class,  
13 synthesize all that material and then give it to us." It's  
14 outlined very clearly here.

15           So they synthesize -- this is what a pharmaceutical  
16 company does -- and gives it to the FDA. What does the FDA  
17 do? The FDA doesn't simply adopt what these pharmaceutical  
18 companies give them. They then go through their own analyses  
19 to make an evaluation as to whether or not that drug is  
20 causal or associated with the adverse event, in this case  
21 suicide.

22           So the FDA undertakes similar considerations that  
23 the experts in this case undertook. They examine strength of  
24 association. FDA examines temporal relationship, consistency  
25 across various data sets, evidence of a dose-response

1 effect. Is there a biological plausibility? Pfizer stands  
2 up here and says, "You shouldn't look at biological  
3 plausibility." The FDA does. It's how you look at whether a  
4 drug causes an event. The seriousness of the event: Nothing  
5 more serious than death. This case deals with suicides,  
6 death. The FDA has examined it, and they have rendered what  
7 they believe.

8 The plaintiffs' experts, and I'm going to run very  
9 quickly through some of the supporting materials, but all of  
10 the materials that they relied upon were generally accepted,  
11 reliably scientific.

12 What's the evidence that supports that gabapentin  
13 increases GABA? Well, there's a spectroscopy. A  
14 spectroscopy is similar to an MRI, but it studies brain. You  
15 take a drug, and they see, how does it change the brain  
16 chemistry? So there was a study. They took some people.  
17 They checked out their brain. They ran it through the  
18 machine. Then they gave them the drug, and they took another  
19 study six hours later. They did this in two independent, at  
20 Yale and University of Alabama. That's replicated. That's  
21 important. So this replicated spectroscopy finds that  
22 gabapentin increases brain GABA. It's not even in dispute.

23 Well, why is this important for purposes of the  
24 methodology that the experts followed? It's important  
25 because related to causal considerations, it shows strength

1 of an association. It shows consistency, temporality, a  
2 biological gradient, experiment, and coherence.

3 And what's interesting is, when these  
4 spectroscopies come out and Pfizer reads about them and we  
5 have access to their internal documents, their internal  
6 psychiatrist in charge of research and development reads it,  
7 and this is what he says in an e-mail: "It strikes me that  
8 increased GABA in human brains might contribute to adverse  
9 event in humans." This isn't novel, but this is what he  
10 says.

11 Now, we know that increased GABA decreases  
12 serotonin. How do we know that this is so? There's several  
13 supporting materials, but the Pfizer did an extensive  
14 study -- and this is dated from 1981 to 2001 -- of all their  
15 research reports regarding animal pharmacology. It was  
16 written by Charlie Taylor. He's in the courtroom here.  
17 You're going to hear from him tomorrow. This is thousands of  
18 pages long. But what does it consistently say throughout it  
19 as relates to the effect of gabapentin on serotonin? It  
20 says: Inhibition of neurotransmitter released by  
21 gabapentin. Serotonin was also reduced. Gabapentin inhibits  
22 the release of serotonin.

23 When doctors call up and they say, "Tell me about  
24 gabapentin," what do they say? Pfizer writes them a letter  
25 and says it reduces the release of monoamine



1 neurotransmitters. Monoamine neurotransmitters is  
2 serotonin.

3 Then what's the proof that low serotonin or you  
4 extract serotonin from the brain, that it increases  
5 suicidality? One of the Pfizer experts wrote a book. And  
6 there's a tremendous amount of literature related to this.  
7 This is one of the most secure findings in all of biological  
8 psychiatry that low serotonin increases suicidality. Well,  
9 Dr. Jacobs writes, and he admits, that "At least part of the  
10 pathology related to suicidal behavior is reduced serotonin  
11 turnover." There's nothing novel here. There are no  
12 surprises. They know about this. Their experts know about  
13 it.

14 Pfizer even admits the association, and I just want  
15 to take one moment as to really what we're doing here. What  
16 this Court is asked to decide is, does this drug have the  
17 general capacity to lead to suicidality? The general  
18 capacity, can it do it? We'll get to specific causation on  
19 individual cases, but what's before this Court, can it do it  
20 generally?

21 Well, they say it does. They say it does in their  
22 own clinical trials. They had a dechallenge, rechallenge.  
23 They gave the person the drug; they became suicidal and  
24 depressed. They took the drug away; the suicidality and  
25 depression went away. They gave it back; the suicidality

1 came back, depression came back. What did their investigator  
2 say? Their investigator said, "This is probably related to  
3 gabapentin therapy."

4 They're not the only ones. Health Canada did the  
5 same thing. Health Canada being the same as the FDA here,  
6 Health Canada says, "One suicide was found to have a positive  
7 dechallenge/rechallenge, indicating that this event was  
8 related to gabapentin." So when they stand up and say  
9 "absolutely no evidence," that's because they put their head  
10 in the sand. They just don't look at it. But it's all here,  
11 and it's in our papers.

12 Our experts, exquisitely qualified. You'll hear  
13 from Professor Trimble. Professor Trimble wrote the book on  
14 biological psychiatry. We're going to hear about this. He  
15 wrote the book, second edition, writing the third edition.  
16 No one more qualified. And he dedicated his career to  
17 examining what? Antiseizure drugs, effect on mood and  
18 behavior, over 200 articles written, several chapters in  
19 books, 175 peer-reviewed, and --

20 JUDGE SARIS: You're about fifteen minutes now, so  
21 you need to wrap it up.

22 MR. FINKELSTEIN: I'm wrapping up. Dr. Blume, she  
23 does the work for pharmaceutical companies, and you'll here  
24 from Dr. Kruszewski.

25 FDA most recently two weeks ago, they reconfirmed.

1 You heard about it. There's statistical review. Their  
2 conclusion, very simple: "Antiepileptic drugs are associated  
3 with increased suicidality relative to placebo. The effects  
4 are consistent among all eleven."

5 Their statement trying to extract out -- and we'll  
6 hear how they're trying to manipulate the data -- FDA didn't  
7 do it. They have the expert biostatisticians. They looked  
8 at it. If it wasn't across all eleven, they wouldn't say  
9 so.

10 Plaintiffs' experts meet Daubert. They satisfy  
11 Frye. The defendants' motion to exclude should be denied.

12 Thank you.

13 JUDGE SARIS: All right, thank you.

14 So, first, how did you divide up? Who's going to  
15 call the witnesses?

16 MR. FINKELSTEIN: We are presenting  
17 Professor Trimble. They have one hour of cross-examination.  
18 We then have a half hour of redirect. Every witness is that  
19 way. It will be Professor Trimble, then Dr. --

20 JUDGE SARIS: So just to make sure, everyone agrees  
21 that the various reports of the doctors are admitted with all  
22 the exhibits attached?

23 MR. FINKELSTEIN: Sure.

24 MR. SAYLER: Yes, your Honor.

25 JUDGE SARIS: So that way, essentially his direct

1 testimony is his report? Is that how we're going to --

2 MR. FINKELSTEIN: Sure.

3 JUDGE SARIS: And then you'll cross, and then  
4 you'll have some redirect. So we'll assume the direct is  
5 essentially his report. Everyone's all right with that? And  
6 I know there's some debate about Dr. Gibbons, which report,  
7 et cetera, so it will be with every doctor except  
8 Dr. Gibbons. Some of Gibbons will come in. The question is  
9 how much of it, and I'll deal with that later.

10 JUSTICE FRIEDMAN: Can we just confirm that there  
11 is no difference between the reports that were submitted on  
12 the Frye motions and the reports that were submitted on the  
13 Daubert motions?

14 MR. FINKELSTEIN: They're exactly the same. The  
15 expert reports are exactly the same.

16 JUSTICE FRIEDMAN: Thank you.

17 JUDGE SARIS: Dr. Trimble, is he the first up at  
18 bat?

19 MR. FINKELSTEIN: Yes.

20 JUDGE SARIS: Come on up, Dr. Trimble.

21 MICHAEL ROBERT TRIMBLE  
22 having been first duly sworn, was examined and testified as  
23 follows:

24 THE WITNESS: I do prefer to stand, if that's  
25 possible, your Honors.

1 JUDGE SARIS: You want to stand?

2 THE WITNESS: If that's possible.

3 JUDGE SARIS: You know, in the state courts, it's  
4 actually called the "stand" because in the old state courts,  
5 you actually did stand. So if you want to go back to the  
6 original colonial courthouse technique, go ahead.

7 THE WITNESS: Thank you.

8 THE CLERK: Sir, would you please state your name  
9 and spell it for the record.

10 THE WITNESS: My full professional name is  
11 Professor Michael Robert Trimble, T-r-i-m-b-l-e.

12 JUDGE SARIS: The only concern, now that I'm  
13 thinking about it, is, the mike doesn't go up as tall as you  
14 are.

15 THE WITNESS: I will sit, I will sit.

16 JUDGE SARIS: Do you have a bad back? Is it  
17 because you have a bad back? You could just go up and down  
18 if that's an issue for, okay?

19 MR. HOOPER: Judge Saris, Justice Friedman, may it  
20 please the Court, for convenience, I've prepared some binders  
21 for the documents that we may ask about. I prepared one for  
22 each of you and for the reporter and the witness. Would you  
23 mind if I passed those out?

24 JUDGE SARIS: Perfect. If you have an extra one  
25 for the law clerks, it would be great.

1 MR. FINKELSTEIN: I'd love one too, if I'm allowed.

2 JUDGE SARIS: You want to do that now?

3 MR. FINKELSTEIN: Well, if he has one.

4 JUDGE SARIS: Oh, I thought you meant you --

5 CROSS-EXAMINATION BY MR. HOOPER:

6 Q. Professor Trimble, if you'd look at Tab A. First, we've  
7 met before, correct?

8 A. Correct.

9 Q. I took your deposition last October on October 18,  
10 correct?

11 A. That's correct.

12 Q. Nice to see you again. And if you look at the binder  
13 and Tab A in the binder, could you confirm for me that that  
14 is a copy of the expert report that you filed in this case?

15 A. That is correct.

16 Q. Professor Trimble, you have conducted no experimental  
17 research specifically related to your work in this case,  
18 correct?

19 A. Incorrect.

20 Q. Please turn to your deposition, sir. It's at the  
21 second-to-the-last tab of the binder, Page 121.

22 A. I have it.

23 Q. Thank you, sir.

24 MR. HOOPER: May I approach the witness, your  
25 Honor?

1 JUDGE SARIS: Oh, I'm sorry. Go ahead.

2 Q. Professor Trimble, if you would, look at Page 121. Are  
3 you there?

4 A. Yes.

5 Q. And Lines 14 to 17?

6 A. Yes.

7 Q. Let me see, if I may, if we can look at it together,  
8 "Question: Between those dates, let me ask you, have you  
9 conducted any experimental research specifically related to  
10 your work in this case?" Your answer under oath, sir, was  
11 "no," correct?

12 A. Correct.

13 Q. Professor Trimble, you've performed no biostatistical  
14 analysis of any other researcher's data in connection with  
15 your work in this specific case, correct?

16 A. That's correct.

17 Q. You've designed no tests --

18 JUDGE SARIS: Wait. You know, this isn't going to  
19 be like a criminal trial. All right, so did you have  
20 anything else you wanted to say?

21 THE WITNESS: Well, Mr. Hooper's first question is  
22 whether I'd done any work in this area in relation to this  
23 case. For the last 30 years, I've been studying this area,  
24 so a lot of the work that I brought to this case was done  
25 before I was even involved in the case. So the question was

1 an ambiguous one. I have done a lot of work in relationship  
2 to the central issue in this case.

3 Q. Sir, since you were retained in this case by  
4 Mr. Finkelstein, have you conducted any experiment in which  
5 any patients were exposed to gabapentin?

6 A. That's a different question. I have not.

7 Q. You've designed no tests or studies of any kind in  
8 connection with your work in this case; isn't that true?

9 A. That is correct.

10 Q. You did no research into methods used in medical or  
11 epidemiological scientists for assessing causal relationships  
12 in connection with your work in this case, correct?

13 A. No new work, yes, that's correct.

14 Q. And, Professor Trimble, in your entire report, am I  
15 correct, there is not one relative risk calculation anywhere  
16 in it, correct?

17 A. That is correct.

18 Q. There is not one odds ratio calculation anywhere in it,  
19 correct?

20 A. That is correct.

21 JUDGE SARIS: Excuse me. You know, for this to be  
22 helpful to me anyway, you've got to explain what this means.  
23 You have submitted hundreds and hundreds and hundreds of  
24 pages of reports and exhibits and briefing; and while I think  
25 the both of us have tried to read most of it, we're not



1 experts. So if you want this to be helpful to us, you need  
2 to do more with this. Okay?

3 MR. HOOPER: I will.

4 JUDGE SARIS: So what does that mean?

5 MR. HOOPER: I will sure try. I will sure try.

6 Q. Professor Trimble, are you familiar with the concept of  
7 a relative risk calculation?

8 A. The relative risk is an epidemiological statistic. I am  
9 not an epidemiologist.

10 Q. And a relative risk is one of the two main calculations  
11 that are used to assess the strength of an association that  
12 Mr. Finkelstein talked about; isn't that true?

13 A. I'm not an epidemiologist, but if you say that is the  
14 case, I will accept it for epidemiology. I am not an  
15 epidemiologist. I do not know their main -- I don't know  
16 that it's true that they're their main methods. I'm not an  
17 epidemiologist.

18 Q. Sir, do you know whether an odds ratio is a mathematical  
19 expression used in epidemiology to assess the strength of an  
20 association?

21 A. I believe it is.

22 Q. And you have calculated no odds ratio in your work in  
23 this case, correct?

24 A. It is not correct now in the sense that I have  
25 calculated some odds ratios in relationship to the dose

1 response relationship of side effects to the doses of  
2 gabapentin. So I have actually calculated some odds ratios  
3 since you asked that question, but I have done that since our  
4 depositions, between then and now.

5 Q. Sir, there is no odds ratio calculation that purports to  
6 measure the strength of an association in your expert report  
7 in this case, correct?

8 A. That is a correct statement.

9 Q. And, sir, when we deposed you for two days last October,  
10 you offered no calculation of any odds ratio to measure the  
11 strength of an association between gabapentin and any form of  
12 suicidality, correct?

13 A. That is correct, which is why I have now done the odds  
14 ratio calculations that you suggested I should have done  
15 before.

16 Q. You were first approached in this litigation in  
17 September, 2005, sir?

18 A. Perhaps 2005. I believe that's correct.

19 Q. Stefan Kruszewski, another one of the plaintiffs'  
20 experts, approached you?

21 A. That's correct.

22 Q. And as you worked on your report in this case, the  
23 Finkelstein firm sent you various documents and written  
24 materials, correct?

25 A. That is correct.

1 Q. The Finkelstein firm sent you both Pfizer- and  
2 FDA-authored documents, correct?

3 A. That is correct.

4 Q. Apart from what the Finkelstein firm sent to you, you  
5 never requested any documents yourself from the FDA or any  
6 European regulatory authorities, correct?

7 A. That is correct.

8 Q. You wrote a first draft of your general causation  
9 report, and you sent it to Mr. Finkelstein, correct?

10 A. That would be correct, yes.

11 Q. And you met with Mr. Finkelstein in New York at some  
12 point or some time that you couldn't remember at your  
13 deposition, correct?

14 A. That's correct.

15 Q. And you threw away the first draft of your report,  
16 right, sir?

17 A. I was consigned to the -- yes, exactly, yes, correct.

18 Q. And you prepared a second draft of the general causation  
19 report?

20 A. That's correct.

21 Q. You met then with various members of Mr. Finkelstein's  
22 firm, including their not-lawyer employee, Mr. Keith Altman,  
23 at a roundtable to discuss your second draft report, correct?

24 A. After it was submitted to Mr. Finkelstein, that's  
25 correct.

1 Q. And like the first draft, the second draft is one that  
2 you threw away as well, correct?

3 A. You may be correct. I accept that may be correct, yes.

4 MR. HOOPER: Slide 5.

5 Q. Professor Trimble, in terms of identifying any  
6 scientific method that you claim to have followed in  
7 developing your general causation opinions in this case, you  
8 told me at your deposition that you followed a chapter on  
9 causation that you wrote in a book entitled  
10 Somatoform Disorders, correct?

11 A. That is correct.

12 MR. HOOPER: Your Honor, may I approach the  
13 witness?

14 Q. Is that a copy of the book you referred to in your  
15 deposition, sir? Is that a copy of the book, Professor?

16 A. Oh, it is, yes.

17 JUDGE SARIS: What does "somatoform" mean?

18 THE WITNESS: Your Honor, this book was written  
19 specifically to help lawyers in certain cases that I also  
20 happen to know a lot about and have dealt with in clinical  
21 practice. These are people who present with medically  
22 unexplained symptoms. Now, the old-fashioned term for that  
23 was "hysteria," which may ring a bell with your Honors; but  
24 in a medical context, it refers to people who present to  
25 doctors, but particularly neurologists, with, for example, a

1 paralysis of the arm where no neurological abnormality can be  
2 found. And so the term "somataform" is an unfortunate term.  
3 It comes from the American Diagnostic and Statistical Manual  
4 of Mental Disorders, and it refers to those people who  
5 present with somatic symptoms where there's no underlying  
6 neurology. And this is a very, very difficult area of  
7 causality, and my chapter on causality here relates to the  
8 difficult issue as to whether things are conscious or  
9 unconscious, which of course is something which is very  
10 predominant in the civil but also in the criminal courts. So  
11 I hope your Honors understood the term.

12 Q. Professor Trimble, this book is not cited or mentioned  
13 anywhere in the general causation report that you wrote in  
14 this case, is it?

15 A. Well, no.

16 Q. The first time that you claimed you had followed a  
17 method set out in that book was during your deposition,  
18 correct?

19 A. That's correct.

20 Q. And that book Somatoform Disorders was not subjected to  
21 the peer-review process that scientific journals commonly  
22 require prior to publication, was it?

23 A. Books generally are not. This is published by  
24 Cambridge, and Cambridge will only accept books after they've  
25 read and had the manuscripts reviewed by reviewers. And part

1 of this was reviewed by reviewers, which is a kind of  
2 peer-review process, but it's not the same as a journal  
3 review process.

4 JUDGE SARIS: Is the chapter you relied on in the  
5 record? Did you attach it to your report?

6 THE WITNESS: No, your Honor, because it was not in  
7 my report. It came out in the deposition.

8 JUDGE SARIS: So are you marking it now?

9 MR. HOOPER: Your Honor, I'm about to authenticate  
10 it and want to try to move to enter it momentarily.

11 JUDGE SARIS: The book?

12 MR. HOOPER: The chapter, the certain chapter.

13 Q. Professor Trimble, as you told me, your book was  
14 intended to help the legal profession understand more about  
15 causation in relation to medical events, correct?

16 A. Somatoform disorders, medically unexplained symptoms.

17 Q. Would you look at Tab B in your materials, sir.

18 MR. HOOPER: And if I may approach the witness?

19 JUDGE SARIS: Sure. You don't have to keep asking.

20 MR. HOOPER: Thank you.

21 Q. And a copy of that, Professor Trimble. And would you  
22 confirm that Tab B and the document I've just handed you are  
23 accurate copies of Chapter 9 of your book Somatoform  
24 Disorders entitled "Causation and the Question of  
25 Consciousness"?

1 A. That is correct, yes.

2 Q. And that chapter entitled "Causation" is the one that  
3 you referred to in your deposition as the method you'd  
4 followed, correct?

5 A. My understanding of causality, yes.

6 Q. It's the only chapter entitled "Causation" in the book,  
7 isn't it, sir?

8 A. That's correct, yes.

9 MR. HOOPER: And, your Honor, I move to admit this  
10 copy of Chapter 9 of Professor Trimble's book  
11 Somatoform Disorders: A Medicolegal Guide.

12 MR. FINKELSTEIN: No objection.

13 (Exhibit 1 received in evidence.)

14 MR. HOOPER: Slide 8, please.

15 Q. In fact, Professor Trimble, this book chapter that you  
16 claim to have followed in your work in this case discusses  
17 causation in terms of philosophical theories, such as the  
18 writings of David Hume and John Stuart Mill and Immanuel  
19 Kant?

20 A. Nietzsche.

21 Q. Nietzsche, Aristotle?

22 A. Yes.

23 Q. And it also in a subsequent section discusses legal  
24 doctrines such as res ipsa loquitur and foreseeable  
25 intervening causes, correct?

1 A. Yes, that's correct.

2 Q. And you have some case analyses of short summaries of  
3 legal decisions and legal tests for causation in the book; is  
4 that right?

5 A. That's correct, that's correct.

6 Q. The term "biological plausibility" doesn't appear  
7 anywhere in that chapter, does it, Professor Trimble?

8 A. Well, that would be correct.

9 Q. And the truth is, Professor Trimble, that Chapter 9 of  
10 your book doesn't set out any scientific method or any  
11 scientific protocol for analyzing scientific data for the  
12 purpose of assessing general causation between a drug and an  
13 adverse event, does it?

14 A. That would be correct, in the context of who the book  
15 was written for and why it was written.

16 Q. Did you recognize the slide that Mr. Finkelstein put up  
17 in his presentation that had the bullet points of nine  
18 factors that he said you applied that began with strength of  
19 association and included among them consistency, biological  
20 plausibility, and so forth?

21 A. I did.

22 Q. Do you recognize those, sir, as what are commonly known  
23 as the Bradford Hill criteria?

24 A. Those are commonly referred to as Bradford Hill  
25 principles or propositions. I'm not sure they're criteria in



1 the sense that the DSM criteria might be used for making  
2 diagnosis, but. . .

3 Q. They were first promulgated by Sir Austin Bradford Hill,  
4 a British scientist, in 1965 in the Proceedings of the Royal  
5 Academy of Medicine; is that correct, sir?

6 A. I believe that's correct, yes.

7 Q. And the Bradford Hill criteria, are you aware, sir, that  
8 the Bradford Hill criteria are also set out in the Reference  
9 Manual on Scientific Evidence published by the Federal  
10 Judicial Center in this country?

11 A. I am not aware of that.

12 Q. The list of the Bradford Hill criteria are not in  
13 Chapter 9 of your book; is that correct?

14 A. The viewpoints, I think actually is what Bradford  
15 referred to them as, are not generally principles that are  
16 laid out in a book such as I would be writing in terms of  
17 trying to inform a medical and a legal audience about the  
18 complexities of consciousness and causation in difficult  
19 areas such as somatoform disorders.

20 Q. Professor Trimble, what Chapter 9 does not do is set out  
21 a method for assessing scientific data to determine whether a  
22 drug causes an adverse event, does it, sir?

23 A. The book has nothing to do with drugs whatsoever.

24 MR. HOOPER: Slide 9, please.

25 Q. Professor Trimble, at Page 41 of your report, again

1 Tab A in the binder, you opine that "Prescription of  
2 Neurontin has been shown to lead to increased levels of GABA  
3 in the central nervous system of healthy volunteers and  
4 patients prescribed the drug," correct?

5 A. Excuse me, Page 41?

6 Q. Yes, sir.

7 JUDGE SARIS: It's also up on the screen if you --

8 THE WITNESS: Oh, thank you.

9 Q. It's right in the middle of the page.

10 A. Yes, that is correct.

11 Q. And you opine further that, in your opinion, gabapentin  
12 decreases serotonin and norepinephrine activity, correct?

13 A. That is correct.

14 Q. For the benefit of those who may not be familiar with  
15 those terms, let's walk through them. GABA is a substance  
16 that is naturally found in the central nervous system,  
17 correct?

18 A. That is correct.

19 Q. It is an acronym for gamma-aminobutyric acid, correct,  
20 sir?

21 A. That's correct.

22 Q. And gamma-aminobutyric acid, or GABA, is one of the  
23 body's and brain's natural signaling chemicals, correct?

24 A. That's correct.

25 Q. Sometimes called a "neurotransmitter"?

1 A. That's correct.

2 Q. And GABA is a ubiquitous neurotransmitter in that it is  
3 found widely throughout the body, correct?

4 A. Well, let's say the brain for these purposes.

5 Q. And I believe you told me at your deposition that 60 to  
6 70 percent of the neurons have GABA activity?

7 A. The majority of neurons within the brain -- there's the  
8 nerve cells within the brain -- have something to do with the  
9 action of GABA.

10 Q. And Professor Trimble --

11 JUDGE SARIS: So when you use GABAergic throughout,  
12 that means what?

13 THE WITNESS: Well, let me be very clear, your  
14 Honor, what I'm referring to by that. I'm referring to  
15 something which increases somehow, ergic, the agonist,  
16 increases the effect of, increases either the turnover of  
17 it -- in other words, increases the amount that's produced --  
18 or it increases the effect of that chemical at the point at  
19 which it acts on the next stage in the system. In other  
20 words, a neurotransmitter is released from a neuron at a  
21 point referred to as the synapse, and then the  
22 neurotransmitter will flow from the synapse and influence the  
23 next station, if you like, in the messaging system, which is  
24 often called the postsynaptic receptor.

25 JUDGE SARIS: And you say that is secure that it's

1 GABAergic, secure where? Is that in peer-reviewed  
2 literature?

3 THE WITNESS: It is commonly used by  
4 epileptologists. I'm an epileptologist. It's commonly used  
5 by biological psychiatrists.

6 THE COURT: So commonly used means it's common in  
7 the field to conclude that it's GABAergic?

8 THE WITNESS: That's correct.

9 JUDGE SARIS: Now, are you disputing that?

10 MR. HOOPER: We do disagree with the definition,  
11 and we'll cover that in --

12 JUDGE SARIS: No, but do you disagree that it's  
13 generally accepted in the field that it increases the amount  
14 and effectiveness of the GABA, that gabapentin does?

15 MR. HOOPER: It depends on where. It's more  
16 complicated than that, your Honor. There are certainly  
17 peer-reviewed literature that --

18 JUDGE SARIS: That would say this, right?

19 MR. HOOPER: Whole brain, but we differ from  
20 thereon, and we'll make that clear throughout our  
21 presentation.

22 JUDGE SARIS: You know, but I thought your briefs  
23 were, like, going in the night. I didn't even know where you  
24 agreed and you didn't agree. So at least for purposes of  
25 this, it's accepted, as I understand it, in the literature

1 that it increases the amount and effect of GABA in the brain,  
2 gabapentin?

3 MR. HOOPER: We dispute that as you just said it,  
4 your Honor, we do.

5 JUDGE SARIS: Well, did I say that correctly,  
6 Dr. Trimble?

7 THE WITNESS: Your question, your Honor, was the  
8 meaning of the word "GABAergic"?

9 JUDGE SARIS: Right, but I'm now asking a second  
10 question, which is, is that description of what it does,  
11 there are increased levels of GABA in the CNS, is that  
12 accepted in the peer-reviewed literature?

13 THE WITNESS: It's very central to the case, your  
14 Honor, and thank you for asking the question. It is  
15 undisputed, I thought, that with spectroscopy --  
16 Mr. Finkelstein already mentioned this -- when you actually  
17 measure the amount of GABA in the brain, you can reliably,  
18 and it has been shown in more than one experimental center,  
19 show an increase in GABA in the central nervous system of  
20 humans.

21 THE COURT: Of?

22 MR. FINKELSTEIN: Of humans.

23 THE WITNESS: Of humans. I'm sorry, of the human  
24 brain.

25 JUDGE SARIS: And do you dispute that?

1 MR. HOOPER: Yes, and --

2 JUDGE SARIS: All right, I just want to understand  
3 the areas of dispute. You disagree with what he just said?

4 MR. HOOPER: We do, your Honor, and may I take just  
5 a moment and articulate our position, and we'll elaborate on  
6 it with witnesses when they come up?

7 JUDGE SARIS: It's your turn.

8 MR. HOOPER: Okay, sure. In our view, your Honor,  
9 as we'll get into further, the studies that Professor Trimble  
10 just referred to, and we're about to go right to them,  
11 measure whole brain GABA. They look at a whole head. They  
12 don't tell you anything about whether the GABA is moving from  
13 neuron to neuron or whether it is active. To look at those  
14 studies and infer that they are GABAergic in the sense of  
15 affecting the function of GABA, as opposed to simply the  
16 amount of it, is like looking at the fuel gauge --

17 JUDGE SARIS: All right, so that's the  
18 distinction. I don't want to go off on this, but at least  
19 there's an agreement, I'm sounding like -- just I have to  
20 understand it -- that there's an increase in the amount of  
21 GABA in the whole brain, but you might disagree on what the  
22 effect of that is?

23 MR. HOOPER: Perfectly said, your Honor.

24 JUDGE SARIS: Yes, but, you see, I can't get this  
25 from the briefs. It's useful sometimes to say where you

1 agree. All right, so there's an agreement that there's an  
2 increase in the amount of GABA in the brain in gabapentin,  
3 but not as to what the effect of that is?

4 MR. HOOPER: Correct, your Honor.

5 JUDGE SARIS: Thank you.

6 MR. HOOPER: Slide 10, please.

7 Q. Professor Trimble, from these effects on the  
8 neurotransmitters, GABA and serotonin, you contend that the  
9 medication leads to the onset of negative mood states, which  
10 will lead to or enhance suicidal ideation and acts, and is  
11 associated with completed suicides, as stated in your report,  
12 right, sir?

13 A. That is correct.

14 Q. Professor Trimble, you have no idea what the normal GABA  
15 level is in a human brain; is that correct?

16 A. Well, I do now. You asked me this in my deposition, and  
17 I did not have the figure on the tip of my tongue, but it is  
18 available.

19 Q. And you do not state one in your report, do you, sir?

20 A. I did not at that time, no.

21 Q. And you do not know a range within which GABA levels  
22 would fall in normal healthy adults, do you, sir?

23 A. Well, it's available, as I pointed out.

24 JUDGE SARIS: Well, what is it?

25 THE WITNESS: Well, it's micro amounts per liter,

1 and it's in the region of 1, 2 -- 1.5, I believe, but it  
2 varies between individuals. But it's not -- it's a figure  
3 which is readily available in Petroff's study in the paper.

4 MR. HOOPER: Slide 11, please.

5 Q. Professor Trimble, do you recall that you explained to  
6 me in your deposition that the brain contains a small  
7 collection of neurons, nerve cells called the raphe nuclei,  
8 that are, as you described it, the nuclei where the serotonin  
9 comes from, correct?

10 A. Correct.

11 Q. And we agree on that, that serotonin is generated by the  
12 raphe nuclei?

13 A. That is correct.

14 Q. And the raphe nuclei, as you told me, are the center  
15 from which the main serotonin pathway emerges, correct?

16 A. That's correct.

17 Q. And we agree on that?

18 A. That's correct.

19 Q. And you explained in your deposition that experimental  
20 researchers in the 1980s were able to place GABA in the  
21 neuron collections, the raphe nuclei, where the serotonin  
22 comes from, and show a direct effect that GABA had upon the  
23 release of serotonin, correct?

24 A. That is correct.

25 MR. HOOPER: And Slide 1, please.



1 JUDGE SARIS: Wait, wait. This is the heart of  
2 it. So, in your view, it inhibits the release of serotonin,  
3 right?

4 THE WITNESS: Your Honor, that is quite correct.  
5 The experiments done well before this legal case show that if  
6 you put through a pipette some GABA onto these  
7 serotonin-generating cells, the turnover of the serotonin  
8 would be decreased. So increasing GABA action at this site  
9 was shown to decrease the turnover of serotonin.

10 JUDGE SARIS: Now, was this in the peer-reviewed  
11 literature?

12 THE WITNESS: It is, your Honor.

13 JUDGE SARIS: Do you disagree with that?

14 MR. HOOPER: No, your Honor.

15 JUDGE SARIS: What?

16 MR. HOOPER: No, no.

17 Q. Professor Trimble, you also said that there are other  
18 studies that show that when pathways going into the raphe  
19 nuclei are stimulated, those GABA pathways, when they're  
20 stimulated, there is a decrease of serotonin output, correct?

21 A. That is correct.

22 Q. Because the raphe is where the serotonin is produced and  
23 generated to the rest of the brain, correct?

24 A. That is correct.

25 Q. And, Professor Trimble, when you sat for your deposition

1 in this case, you told me that you were not aware of any  
2 studies in which anyone has measured GABA level changes in  
3 the raphe after gabapentin, Neurontin, administration,  
4 correct?

5 A. That is correct. At the time those studies were done,  
6 Neurontin was not available. Other GABAergic agents which  
7 were being tested as antiepileptic drugs were used.

8 Q. Now, Professor Trimble, at Page 24 of your report, the  
9 bottom paragraph, third line, you cite a 2000 study by  
10 Mr. Petroff and colleagues, correct?

11 A. That is correct.

12 Q. The Petroff group used technology called a nuclear  
13 magnetic resonance spectrometer, NMRS for short, to measure  
14 changes in GABA levels after administration of gabapentin to  
15 six epilepsy patients after an initial dose, and then four of  
16 them after several months of taking gabapentin, correct?

17 A. That is correct.

18 MR. HOOPER: Slide 17.

19 Q. And the Petroff group, using NMRS technology, after  
20 30 to 60 minutes measured what they described as a rapid  
21 increase in GABA, correct?

22 A. That is correct.

23 Q. And in the four patients that were studied after several  
24 months of gabapentin therapy, the Petroff group measured  
25 levels that were down somewhat from that initial reading but

1 remained nonetheless 55 percent higher on average than at  
2 baseline, correct?

3 A. That is correct.

4 Q. And these results together with the Kuzniecky study,  
5 which we'll get to momentarily, are the kind of GABA  
6 elevations that are associated with gabapentin use that you  
7 refer to in your report, correct?

8 A. That's correct.

9 MR. HOOPER: Slide 18, please.

10 Q. The adverse events that were reported for these patients  
11 in this peer-reviewed published study are not mentioned in  
12 your report, are they, Dr. Trimble?

13 A. Not in -- the adverse effects with gabapentin --

14 Q. In the Petroff --

15 A. No, no. No, this has to do with the imaging data only.

16 Q. In fact, the Petroff study said that of the six  
17 patients, five experienced no acute side effects with these  
18 elevated levels of GABA. One developed ataxia, which is  
19 incoordination, correct?

20 A. That's correct.

21 Q. Sedation and nystagmus, eye movement that resolved  
22 overnight, correct?

23 A. That's correct.

24 Q. And after months of treatment and rechallenge at the  
25 end, no side effects were noted?

1 A. That's correct.

2 JUDGE SARIS: So what was the point of this study?

3 THE WITNESS: Well, your Honor, at the time the  
4 study was carried out, it was very important for  
5 antiepileptic drug development to understand how it was that  
6 you could turn off seizures in people with epilepsy. GABA,  
7 as we've heard, is an inhibitory transmitter. And drug  
8 development was very interested in looking at drugs that  
9 increased GABA in the central nervous system, and there were  
10 several drugs that were looked at by industry which seemed as  
11 if they would increase GABA.

12 Now, the development of magnetic resonance  
13 spectroscopy allowed for the first time the measurement of  
14 brain chemicals. So I'm sure your Honor is familiar with the  
15 idea of brain imaging with magnetic resonance imaging -- it's  
16 in all of the newspaper -- but you can get a perfect  
17 anatomical picture of the brain. With spectroscopy, you are  
18 able to add a measurement of the chemicals within certain  
19 areas of the brain. And so the purpose of this study was to  
20 see if gabapentin, which was developed as a GABA agent, a  
21 GABA agonist, a drug which would increase the GABA effect,  
22 altered GABA in the central nervous system. And it was  
23 preceded by a study of another GABA agonist called  
24 vigabatrin, and it was shown that that other GABA agonist,  
25 which was an effective antiepilepsy drug, increased GABA in

1 the central nervous system.

2 And so the manufacturers of Neurontin wanted to  
3 know if their drug would also increase GABA within the  
4 central nervous system. And that was why the study was done,  
5 and I was there when the results were very first presented in  
6 Munich, I can't remember how many years ago now. But it came  
7 as considerable relief to perhaps understand how it was that  
8 gabapentin might have an antiepileptic effect by increasing  
9 GABA in the same way that, for example, vigabatrin had done  
10 previously.

11 MR. HOOPER: Slide 19, please.

12 Q. Professor Trimble, the second study you cited at that  
13 same page in your report is a study by Kuzniecky and  
14 colleagues in 2002, correct?

15 A. That is correct.

16 Q. And I've got that at Tab D in your binder, if you'd like  
17 to see the whole copy. The full paper is at Tab D.

18 MR. HOOPER: Slide 21.

19 Q. This study, similarly to the Petroff study, used NMRS  
20 technology to measure GABA level changes with gabapentin  
21 administration, correct?

22 A. That is correct.

23 Q. And this study specifically looked at six healthy adults  
24 who took gabapentin as well as six who took a different drug,  
25 topiramate, and five who took a third drug, lamotrigine,

1 correct?

2 A. Correct.

3 MR. HOOPER: Slide 22, please.

4 Q. And in the six gabapentin subjects, the Kuzniecky group  
5 measured a 48 percent increase in GABA after the first acute  
6 dose, right, sir?

7 A. I'll accept the figure. I just don't have it --

8 Q. From the abstract?

9 A. Yes, from the abstract.

10 JUDGE SARIS: If you look up on the screen, they've  
11 pulled out what they are focusing on.

12 A. Yes, that is correct.

13 Q. And, Professor Trimble, after four weeks, the Kuzniecky  
14 group measured GABA levels to be approximately 25 percent  
15 higher than baseline in the gabapentin subjects, correct?

16 A. Yes, I accept that.

17 MR. HOOPER: Slide 23.

18 Q. And Kuzniecky, much Luke Petroff, also reported that  
19 there were no serious side effects. One individual had  
20 transient ataxia, the same incoordination we saw in one  
21 patient in the Petroff study, and the others listed are from  
22 the other drugs?

23 A. This is one out of six?

24 Q. Six.

25 A. That's nearly about 20 percent, but it's quite a high

1 percentage with side effects.

2 Q. None had depression or suicide of any kind, sir, did  
3 they?

4 A. Oh, no, of course not.

5 Q. And you don't mention the side effects with these  
6 patients with the 25 percent and 48 percent elevated GABA  
7 levels in your report, do you, sir?

8 A. Well, since you draw attention to them, it seems like a  
9 very high percentage of central nervous system effects, with  
10 ataxia, with somnolence, dizziness, slow thinking,  
11 drowsiness. Since you draw my attention to them, they're  
12 there, but I haven't discussed them in the section of my  
13 report that specifically deals with the biochemical GABAergic  
14 or the increase in GABA in the central nervous system.

15 JUSTICE FRIEDMAN: Excuse me. Professor, does your  
16 report cite any studies that discuss the side effects of  
17 increased GABA in the brain or in the central nervous  
18 system?

19 THE WITNESS: Yes, your Honor. I discuss the  
20 effects of GABA on the central nervous system specifically in  
21 relationship to antiepileptic compounds that increase GABA in  
22 the central nervous system, and there is a section on that.

23 JUSTICE FRIEDMAN: But do you discuss any studies  
24 or peer-review literature that analyzes the effects of  
25 increased GABA? Is there a section of the report that is

1 specifically devoted to that?

2 THE WITNESS: Yes, there is, your Honor, yes.

3 Q. Professor Trimble, antiepileptic drugs generally have  
4 been around for decades, correct?

5 A. Since the 1920s.

6 Q. Gabapentin was developed in the 1970s, correct?

7 A. That is correct.

8 Q. Tested through the 1980s and into the 1990s?

9 A. Correct.

10 Q. It has been approved and used, marketed in the United  
11 States since 1993, correct?

12 A. Correct.

13 Q. Do you have any basis to dispute that gabapentin has  
14 been used for in excess of 15 billion patient days of  
15 therapy?

16 A. I accept your figure.

17 JUDGE SARIS: What was the number?

18 MR. HOOPER: In excess of 15 billion patient days,  
19 approximately, your Honor.

20 Q. And, Professor Trimble, isn't it true that in all of the  
21 peer-reviewed scientific literature in the world, there is  
22 not one scientific study that purports to say that it has  
23 demonstrated that gabapentin causes suicide?

24 A. Well, that is correct.

25 JUDGE SARIS: So one thing that's been confusing



1 me, what do you consider the FDA alert to be?

2 THE WITNESS: Thank you, your Honor.

3 JUDGE SARIS: In the scientific world?

4 THE WITNESS: I think Mr. Hooper was not referring  
5 to the FDA report in terms of his question about  
6 peer-reviewed literature.

7 I accept in its entirety that the FDA, independent  
8 of this litigation or my views or work on GABA and serotonin,  
9 have detected a signal that antiepileptic drugs,  
10 anticonvulsant drugs, are associated with suicide acts,  
11 ideation, or completed suicide.

12 I take the FDA's various documents, announcements,  
13 and the more recent statements to vindicate entirely my view,  
14 which, of course, starts from a different end of the  
15 spectrum. I'm not an epidemiologist. I'm starting at what  
16 happens within the brain when you give drugs that alter key  
17 transmitters that alter behavior. That's where I come from,  
18 starting within the brain as a neurologist. But the FDA  
19 epidemiological data, as far as I can see, entirely  
20 vindicates the views that I've put forward; but my views were  
21 put forward before the FDA reached the conclusions that they  
22 did.

23 JUDGE SARIS: Well, do you consider what they did  
24 an epidemiological study?

25 THE WITNESS: I believe it to be so.

1 JUDGE SARIS: And is that something that would be  
2 accepted by people in the field as reliable? By you, by  
3 you?

4 THE WITNESS: Your Honor, I accept that the FDA  
5 have a much more powerful team of statisticians and  
6 epidemiologists working with them than I would have access  
7 to. I accept that the FDA do not put out pronouncements like  
8 this without having gone into the whole area extremely  
9 thoroughly.

10 JUDGE SARIS: And as I understand, the point Pfizer  
11 is making is that it's the first of its kind. I mean,  
12 there's no other epidemiological study that's gone through  
13 peer review, right? Is that your basic --

14 MR. HOOPER: Yes, your Honor.

15 JUDGE SARIS: There's nothing in the literature  
16 that has done this kind of an epidemiological study, is that  
17 right?

18 THE WITNESS: I believe that's correct, your  
19 Honor. And the FDA have done a meta-analysis -- in other  
20 words, collected data on a large number of patients on a  
21 large number of drugs -- and reached the conclusion that they  
22 have, which is that these antiepileptic drugs lead to an  
23 increased risk for suicide acts.

24 JUDGE SARIS: And your point, as I take it, is that  
25 there's nothing in what you would call the peer-reviewed

1 literature that does this kind of an analysis?

2 MR. HOOPER: It is, your Honor, and we also dispute  
3 that characterization of what the FDA alert and statistical  
4 analysis mean, and we'll cover that in great detail.

5 JUDGE SARIS: I understand. We need to come back  
6 to that, but I --

7 MR. HOOPER: We will. Slide 24, please.

8 Q. Professor Trimble, we were talking about elevated levels  
9 that you relied on in the Petroff and Kuzniecky study. Tab E  
10 is a copy of a study conducted right here in Boston by  
11 Streeter and colleagues entitled "Yoga Asana Sessions  
12 Increase Brain GABA Levels: A Pilot Study" published in  
13 2007, correct?

14 A. That is correct.

15 Q. The first time you saw and read this study, Professor,  
16 was when I showed it to you at your designation, right?

17 A. That is correct.

18 MR. HOOPER: Slide 25.

19 Q. This was a study done here in Boston at Boston  
20 University School of Medicine, McLean, Harvard, and the  
21 Boston VA by a research team from those institutions,  
22 correct, sir?

23 A. That's correct.

24 Q. And this study, like the Petroff and Kuzniecky studies  
25 you cited, it also used this MMRS energy technology to

1 measure brain GABA levels, did it not?

2 A. That's correct.

3 MR. HOOPER: Slide 26.

4 Q. And they found that there was a 27 percent increase in  
5 GABA levels in people who practiced yoga for an hour,  
6 correct, Professor Trimble?

7 A. That's not correct. That is one of the conclusions from  
8 this study, and I went through this in my deposition, but  
9 what this shows, your Honor, is that if you have a group of  
10 people, a small group of people doing exercises for an hour  
11 and another group of people sitting reading, you show  
12 differences in brain GABA. If I do exercises for an hour, I  
13 will show differences in brain GABA because GABA is  
14 ubiquitous and it has many actions. And I did explain in the  
15 deposition when I read this paper that there's a big  
16 difference between physiologically doing something for an  
17 hour and altering endogenous activity of GABA, for example,  
18 in the central nervous system artificially, as you do with  
19 drugs. But this paper tells me nothing other than if you do  
20 exercises, you can show an increase in brain GABA.

21 JUDGE SARIS: You might get depressed, huh?

22 THE WITNESS: Excuse me?

23 JUDGE SARIS: If you exercise too much, you might  
24 get depressed.

25 THE WITNESS: The assumption that this somehow

1 vindicates -- I'm sorry -- somehow suggests that alteration  
2 of brain GABA in a different setting has anything to do with  
3 the importance of yoga as an antidepressant is, quite  
4 frankly, bizarre. This was a one-hour study, and the areas  
5 of the brain looked at were not the same, by the way, as were  
6 looked at by the other studies that we've talked about. They  
7 looked more specifically in areas of the brain that have to  
8 do with motor activity, the basal ganglia areas.

9 Q. Professor Trimble, if I could direct your attention to  
10 what these researchers from Harvard and Boston University and  
11 McLean said, the second sentence of their conclusion, tell me  
12 if I'm reading correctly. This is 27 percent increase.

13 "This suggests that the practice of yoga should be explored  
14 as a treatment for disorders with low GABA levels, such as  
15 depression and anxiety disorders." Is that their conclusion,  
16 Professor Trimble?

17 A. It's one that I can't take seriously, but it's the  
18 conclusion.

19 I should like to draw your attention, your Honor,  
20 to the journal that this was published in, and the reason I  
21 haven't read it is because I am not a regular subscriber to  
22 the Journal of Alternative and Complementary Medicine.

23 Q. The fact is, Dr. Trimble, that many agents that are used  
24 to treat depression and suicidality, agents that you yourself  
25 have subscribed many times, are known to increase GABA

1 levels; isn't that true?

2 A. If you'd like to list them for me because I do not know  
3 of any study which reliably shows a drug which increases GABA  
4 activity in the central nervous system is antidepressant; but  
5 if you'd like to tell me the drugs you're thinking about, I  
6 will try to be more specific.

7 Q. I sure will. How about lithium? Does lithium raise  
8 GABA levels?

9 A. Lithium does many things. To my knowledge, it doesn't  
10 have an effect. I don't think it's been looked at with  
11 spectroscopy, and I don't believe the GABA story comes into  
12 the lithium effect.

13 Q. Do you know one way or the other, Professor Trimble,  
14 whether or not there is peer-reviewed research demonstrating  
15 that lithium elevates GABA levels?

16 A. I do not believe that lithium elevates GABA levels.

17 Q. Electroconvulsive therapy, or ECT, is widely recognized  
18 as the most effective treatment for imminently suicidal  
19 patients, isn't it, Professor Trimble?

20 A. That is correct.

21 Q. It is also widely used, to the extent that it is used,  
22 for treatment of depressive disorders?

23 A. That is correct.

24 Q. Severe cases of depressions in particular, correct?

25 A. That's correct.

1 Q. And ECT elevates GABA levels, doesn't it,  
2 Professor Trimble?

3 A. Of course it elevates GABA levels because you have a  
4 seizure, and the brain has to cut off seizures. Otherwise  
5 you'd have status epilepticus, and the patient would die. So  
6 the brain has its own endogenous mechanisms to cut off  
7 seizures. So when you give an artificial seizure, then of  
8 course you see a rise in GABA, and that would be expected  
9 from what we know about the physiology of seizures. But the  
10 idea that the increased GABA is the antidepressant effect I'm  
11 afraid is one which is not accepted. I mean, we do not know  
12 how ECT works, but it's not by increasing GABA.

13 Q. Selective serotonin reuptake inhibitor, or SSRI,  
14 antidepressants elevate GABA, don't they?

15 A. It depends which SSRI you might be talking about. There  
16 is a spectroscopy study which shows you get a rise in GABA  
17 with SSRI, with -- I think it was, fluoxetine, Prozac. But,  
18 again, that says nothing at all about the importance of that  
19 in terms of the antidepressant effect, if that's what you're  
20 suggesting.

21 Q. Professor Trimble, at Page 27 of your report you refer  
22 to a study by Dr. Eleanor Ben-Menachem and her research team  
23 that was published in 1992, correct?

24 A. That's correct.

25 Q. And you indicate there that she reported on the effects

1 of single doses of gabapentin on cerebrospinal fluid  
2 monoamines. That's serotonin and norepinephrine, correct?

3 A. That is correct.

4 Q. And that gabapentin led to an increase in the breakdown  
5 products of serotonin, suggesting acute increases in  
6 serotonin turnover, correct?

7 A. That is quite correct.

8 Q. Which is the exact opposite of what Mr. Finkelstein had  
9 on his slide in the opening when he said that this drug  
10 reduces serotonin turnover, isn't it?

11 A. It's not at all. This is -- again, your Honor, there's  
12 a big difference between what happens immediately you give a  
13 drug and what happens some time later. So if you give, for  
14 example, a drug -- I'm sure you've heard of dopamine and  
15 Parkinson's disease, for example -- if you give a drug that  
16 blocks dopamine receptors, if you give a drug that blocks  
17 dopamine receptors, the brain responds to that by a huge  
18 outflow of the transmitter. It says, "Hey, everything's  
19 blocked here," and you get an outflow of the transmitter. So  
20 you give a drug, and you get the paradoxical effect  
21 immediately, and then the system reverts to a different  
22 homeostasis.

23 Now, this is entirely what you would expect with a  
24 drug, that you get immediately one effect, but then after a  
25 period of time you get an alternative effect. And



1 Dr. Ben-Menachem, who I know very well and have discussed  
2 these data with, also looked at another drug which increases  
3 GABA, vigabatrin, and showed the same, that immediately  
4 acutely you get an acute increase, but then chronically -- in  
5 other words, after giving the drug chronically -- you get a  
6 depletion. And so --

7 JUDGE SARIS: So can I ask, increase in turnover  
8 just means increase in serotonin?

9 THE WITNESS: Increase in, yes, there's an outflow  
10 of serotonin. And what happens is, you get the outflow of  
11 serotonin. The serotonin becomes depleted. In other words,  
12 the brain runs out of not all but its stores of serotonin.  
13 There's an adjustment that happens. And then chronically,  
14 after longer-term treatment, you show a decrease of the  
15 serotonin turnover, which is indeed what Dr. Ben-Menachem  
16 showed in her later paper of 1995.

17 MR. HOOPER: We're about to get that, Dr. Trimble,  
18 if you're ready, Judge.

19 Q. You wrote in your report in this case, the effects of  
20 chronic administration in humans of gabapentin, the situation  
21 you just described, had not been studied. That's false,  
22 correct?

23 A. You very kindly in my deposition drew my attention to  
24 the 1995 paper, which I had -- I wouldn't say not -- I had  
25 just not come across this.

1 Q. It's at Tab F in your binder, Doctor.

2 A. Yes.

3 Q. You recognize it as Dr. Ben-Menachem's 1995 paper  
4 entitled "Seizure Frequency and Cerebrospinal Fluid  
5 Parameters in a Double-Blind Placebo-Controlled Trial of  
6 Gabapentin in Patients with Intractable Complex Partial  
7 Seizures," correct?

8 A. That's correct.

9 Q. This is a study of gabapentin in chronic administration;  
10 namely, three months administration, correct?

11 A. That's correct.

12 Q. This study is cited nowhere in your report, is it  
13 professor?

14 A. No. That is correct. That is correct.

15 JUDGE SARIS: Well, what does it say?

16 MR. HOOPER: This, your Honor.

17 Q. Professor Trimble --

18 THE WITNESS: Sorry, your Honor. Did you ask a  
19 question?

20 JUDGE SARIS: Are you going to go through it?

21 MR. HOOPER: Yes. Yes, your Honor.

22 Q. Professor Trimble, as stated in the abstract of  
23 Dr. Eleanor Ben-Menachem's 1995 study, "Cerebrospinal fluid  
24 was analyzed for concentrations of gabapentin, amino acids  
25 including GABA, homovanillic acid, HVA, and

1 5-hydroxyindoleacetic acid," or 5-HIAA." And let me stop  
2 right there.

3 Gabapentin is the drug we hear about today,  
4 correct?

5 A. That is correct.

6 Q. GABA is the neurotransmitter we've been talking about,  
7 correct?

8 A. That's correct.

9 Q. Homovanilic acid is the principal breakdown product of  
10 the monoamine neurotransmitter norepinephrine, correct?

11 A. Dopamine.

12 Q. Or dopamine, I'm sorry, dopamine. And 5-HIAA is the  
13 principal breakdown product of serotonin, correct?

14 A. That is correct.

15 Q. And the very next sentence says, "The results indicate  
16 that there were no changes in the selected amino acids, HVA  
17 or 5-HIAA, after gabapentin treatment." Did I read that  
18 correctly, Professor Trimble?

19 A. You read that correctly. And in the deposition, I draw  
20 your attention to Figure 5, which I imagine you have here.

21 Q. Feel free to discuss it. The Judge can see what you're  
22 looking at.

23 JUDGE SARIS: Yes, I've just gone there.

24 THE WITNESS: Your Honor, the whole point about the  
25 discussion here is whether or not, as with other GABAergic

1 agents, when you give the drug chronically, you get a  
2 decrease in the turnover of the breakdown product of  
3 serotonin. In other words, because the breakdown is --  
4 because the release is reduced, you don't see so much  
5 metabolic breakdown, and this is what 5-HIAA is. It's the  
6 breakdown product of serotonin.

7 So just to recap, we're looking here at the  
8 breakdown product of serotonin. So a decrease of this would  
9 reflect a decreased serotonin in the human brain. And it  
10 merely shows you that with gabapentin, after three months,  
11 there is a decrease, particularly with 1,200 milligrams.

12 Now, the difficulty, your Honor, is that it's only  
13 three patients that are cited, and you cannot do effective  
14 statistics on such small numbers. But -- and I'm afraid the  
15 photocopy is a poor one -- but the little bars which straddle  
16 the mean there are a reflection of the variance of the data.  
17 So it's quite close together. You can't do statistics on it,  
18 but it looks to me, compared with the placebo, which is on  
19 the far left where you see an increase, that I would say that  
20 that reflected a decrease. Now, it's not statistically  
21 significant because nobody would have done statistics or she  
22 didn't do statistics on those three.

23 JUDGE SARIS: So you're saying a decrease over the  
24 three months but not right away?

25 THE WITNESS: Well, it's immediate -- the first

1 paper Mr. Hooper referred to showed there was an increase, so  
2 you get an outflow.

3 JUDGE SARIS: I just want to make sure we're  
4 looking in the same place. This is Figure 5?

5 THE WITNESS: This is Figure 5, which is three  
6 months later. So I'm saying that at three months you don't  
7 see an increase, but you see a decrease. This is with  
8 long-term treatment, you see a decrease of serotonin  
9 breakdown products in the human brain, as measured in the  
10 cerebrospinal fluid. But you can't effectively do the  
11 statistics here because there's only three patients. But you  
12 can see that the spread of the data by that little mark above  
13 and below the mean is really quite narrow, but it's not  
14 significant, and Dr. Ben-Menachem says it's not shown to  
15 be -- well, not shown to be different. And that's because  
16 it's not statistically different. But she didn't do  
17 statistics on it because if you look at Table 1 where all of  
18 the CSF amino acids are looked at, she didn't include HVA and  
19 5-HIAA there.

20 So the importance of this study, which I did go  
21 through in my deposition, is that it supports the view --  
22 it's not conclusive -- it supports the view that in the human  
23 brain, with chronic gabapentin treatment, you get down  
24 regulation of activity of this key neurotransmitter for mood  
25 regulation; namely, serotonin.

1 Q. Professor Trimble, did you just tell Judge Friedman and  
2 Judge Saris that you couldn't do statistics because there was  
3 only an N of 3, or three patients?

4 A. I believe you can do statistics on that level, but I  
5 believe that Dr. Ben-Menachem did not do statistics on that,  
6 probably because there was an N of 3, because she did  
7 statistics on all of the others. But this was 21, I think,  
8 cases, so why she didn't do statistics on those, I do not  
9 know.

10 Q. Professor Trimble, when you look at Figure 5, do you see  
11 those bars?

12 A. Oh, well, yes --

13 Q. Those error bars?

14 A. Yes.

15 Q. Isn't that statistics?

16 A. I beg to be corrected. Mr. Hooper is quite correct.  
17 They obviously --

18 Q. Did statistics?

19 A. -- looked at some statistical figures, but they don't  
20 provide the statistical significance. They don't provide  
21 what we would like to see; namely, the confidence intervals,  
22 et cetera.

23 Q. And, Professor Trimble, did you just tell Judge Saris  
24 and Judge Friedman that there were only three patients  
25 examined for this 5-HIAA increase?

1 A. Well, the graph is N of 3, as far as I can tell. I'm  
2 sorry, N of 6. I beg your pardon. And I can't quite read  
3 the photocopy here, but it's N of 3 after -- what I was  
4 looking at was N of 3, which is after -- yes, at the higher  
5 dose.

6 Q. Let's look at --

7 JUDGE SARIS: Well, what do you think it is? It  
8 was N of 6 for the placebo.

9 THE WITNESS: Yes.

10 JUDGE SARIS: And N of 3 for each of the two  
11 different dosage levels.

12 THE WITNESS: There are two different doses of the  
13 drug, your Honor.

14 JUDGE SARIS: Right.

15 MR. HOOPER: Your Honor, it's stated right in the  
16 report. We'll look at it now if you'd like.

17 JUDGE SARIS: I don't want to take your time.  
18 You're running out, so --

19 MR. HOOPER: That's fine. It will be fast.

20 Q. Professor Trimble, if you look at Page 294, doesn't  
21 Dr. Ben-Menachem explicitly say eleven patients with  
22 900 milligrams of gabapentin and three with 1,200? The  
23 middle set of columns, eleven patients; the second set with  
24 three, correct?

25 A. I'm looking at Figure 5.

1 Q. And do you see the number, and don't they correspond to  
2 the doses?

3 A. But it's 900 milligrams. The photocopy is rather bad,  
4 but it says "900 milligrams, N equals 3" in Figure 5.

5 Q. Do you see Section 3.2 of the text, Professor Trimble?  
6 Eleven patients with 900 milligrams of gabapentin and three  
7 with 1,200. The GABA levels were not affected by chronic  
8 gabapentin treatment, 3 and 4. The same was found for 5-HIAA  
9 and HVA, correct?

10 A. That is correct, but it doesn't correspond to the figure  
11 which I am looking at.

12 Q. Professor Trimble, again in Figure 5, if you look at the  
13 leftmost set of bars in Figure 5, there is a label under them  
14 that says "Placebo," isn't there?

15 A. Yes, that is correct.

16 Q. And the difference in height between those two bars,  
17 black baseline and white after three months, is, even to the  
18 naked eye, much larger than the difference between the other  
19 two sets of bars for gabapentin patients, isn't it?

20 A. It's very interesting that with placebo, the level  
21 appears to rise in contrast to the gabapentin, which appears  
22 to decrease.

23 Q. Do you think placebos increase 5-HIAA turnover,  
24 Professor Trimble?

25 A. No, but it's quite possible that over a period of three



1 months, there is an alteration of 5-HIAA in those patients on  
2 placebo for other reasons.

3 Q. Not because of any active agent at all, that may change,  
4 correct?

5 A. It may well go up for reasons that I don't know.

6 Q. And that is precisely the reason why it's so important  
7 to look at placebo-controlled data, isn't it?

8 A. There is placebo-controlled data here, that's correct.

9 MR. HOOPER: Just two more questions, your Honor.  
10 Slide 37, please.

11 (Discussion off the record.)

12 Q. Professor Trimble, do you recall what you told me about  
13 the relevance of randomized placebo-controlled data that  
14 specifically look at suicide attempts and ideation for 5,194  
15 gabapentin patients versus 2,628 placebo patients when you  
16 sat for your deposition?

17 A. Yes.

18 Q. You told me then, Professor Trimble, that the  
19 placebo-controlled data are not relevant to the issue of  
20 general causation, correct?

21 A. That is correct.

22 Q. And in fact I asked you again. I said, "I want to give  
23 you another chance on that," and I reasked the question, and  
24 you restated that it was your opinion that the randomized  
25 placebo-controlled data for Neurontin were irrelevant to

1 general causation, correct?

2 A. It is correct in this case.

3 Q. And the FDA alert --

4 JUDGE SARIS: Wait, wait, wait. Why?

5 THE WITNESS: Your Honor, that statement I made is  
6 correct.

7 JUDGE SARIS: Well, why is it correct?

8 THE WITNESS: If I may explain.

9 JUDGE SARIS: That's why we're here.

10 THE WITNESS: I'm not doubting the importance of  
11 placebo-controlled investigations. And placebo-controlled  
12 investigations are the gold standard for looking at  
13 therapeutic effects, and they are generally designed to look  
14 at therapeutic outcome; in other words, in epilepsy, for  
15 example, a decrease in seizures. Placebo-controlled trials  
16 are not designed to look at adverse outcomes, although, of  
17 course, adverse outcomes are collected; and I do not know of  
18 any placebo-controlled trial that has specifically looked at  
19 suicide and suicidality as the prime outcome.

20 Now, the difficulty with these studies -- and this  
21 is where you have to have knowledge of neurology, epilepsy,  
22 as well as psychiatry -- the difficulty with Neurontin is  
23 that it was initially developed as an antiepileptic drug.  
24 And not all but a lot of the patients included in the  
25 analysis of the placebo-controlled trials were in epilepsy

1 studies.

2 Now, I'm not certain of the situation in the United  
3 States, but certainly in the United Kingdom, because of the  
4 concern of the adverse behavioral effects of GABAergic drugs,  
5 people incorporated into the placebo-controlled trials were  
6 ones who did not have a history of psychiatric disorder. So  
7 high-risk people for that which we are talking about,  
8 overdosing, suicide, suicidal ideation, were not included in  
9 many -- I'm not saying all -- but many of those  
10 placebo-controlled trials.

11 Now, when you look at who was included in those  
12 trials -- and these data are available in the information  
13 which has come from FDA, et cetera, recently -- the number of  
14 patient years in those trials for people with psychiatric  
15 disorders, as opposed to pain and epilepsy, the number of  
16 patient years was 21.

17 Now, if I'm being asked whether a study of  
18 21 patient years is sufficient to give you a signal for an  
19 event, which I am told would require nearly 6,000 patient  
20 years of clinical data to accumulate, simply because of the  
21 frequency with which you get the side effect, I maintain in  
22 my deposition, and I maintain now, that the limited number of  
23 patients, specifically excluding in many cases high-risk  
24 patients for psychiatric disorders in the double-blind  
25 trials, will not give you information that you require on the

1 link between in this case Neurontin and these side effects,  
2 suicide, suicidal ideation, and the like.

3 JUDGE SARIS: Because of the population used?

4 THE WITNESS: Because the population studied  
5 largely exclude those at risk. And, as I have said, the  
6 number of patients in those studies that had predisposition  
7 psychiatric disorders was extremely small. It was less than  
8 three percent of all of the patients that Mr. Hooper has just  
9 put before me as the total number that were examined.

10 MR. HOOPER: Just a couple more questions, your  
11 Honor.

12 Q. Isn't it true, Professor Trimble, that the real reason  
13 you claimed RCT data was irrelevant at the time you report  
14 your deposition is that when you look at the 5,194 patients  
15 in total in gabapentin trials against 2,682  
16 placebo-controlled, there are no suicides, no suicide  
17 attempts, no preparatory acts toward imminent suicidal  
18 behavior, and an identical tiny rate of suicidal ideation in  
19 that pool of RCT data?

20 A. Can I just --

21 JUDGE SARIS: RCT means?

22 MR. HOOPER: Randomized control trial, your Honor.  
23 I'm sorry.

24 JUSTICE FRIEDMAN: Are these the Pfizer trials?

25 MR. HOOPER: Yes, ma'am, they are?

1 A. Mr. Hooper, may I just clarify which document this comes  
2 from?

3 Q. It's the June, 2006 submission, Professor Trimble, and  
4 there is a copy of it, and you saw it at your deposition, and  
5 there is a copy of it at Tab H in your binder, Page 4,  
6 Table 2.

7 A. Yes, these were the data which were provided which  
8 included even a large number of trials where people only had  
9 a single tablet?

10 Q. In some, and in many others, they were longer. This is  
11 all of the randomized placebo-controlled clinical trials  
12 submitted to FDA.

13 A. But, again, your Honor, this rather supports what I was  
14 just saying; that a number of the trials which have been  
15 submitted were on people who had only received a single  
16 tablet. Now, I can't think that a suicidal act or ideation,  
17 and certainly the biological case that I am raising here,  
18 would occur after a single tablet.

19 JUDGE SARIS: So I understand that, you mean they  
20 only took it once?

21 THE WITNESS: Just one dose, you know, so these  
22 data are based upon trials which have included not only  
23 people who have been taking it for three or four weeks and  
24 measuring outcomes, but people who have taken a single dose,  
25 as I understand it.

1 JUDGE SARIS: And is this also a cohort that would  
2 not have high-risk psychiatric problems, do you know?

3 THE WITNESS: That would be my contention, as my  
4 last explanation to you, your Honor.

5 JUDGE SARIS: Is this disputed, by the way? Are  
6 these single doses?

7 MR. HOOPER: Some are, your Honor. I'd be happy to  
8 bring that up.

9 JUDGE SARIS: I just want to understand.

10 MR. HOOPER: Sure, sure.

11 JUDGE SARIS: And did you include in this people  
12 with psychiatric problems, or is it like the United Kingdom  
13 where they excluded those people?

14 MR. HOOPER: Patients with epilepsy, bipolar  
15 disorder, a wide range of underlying conditions that make  
16 them at extremely increased risk for suicide were included in  
17 these studies.

18 JUDGE SARIS: So these are epileptic people?

19 MR. HOOPER: Many are, and others have other  
20 primary indications, such as bipolar disorder, chronic pain  
21 states.

22 JUDGE SARIS: So this was a clinical trial for the  
23 test on epilepsy?

24 MR. HOOPER: These are all of -- this is on a body  
25 of 52 separate clinical trials for a range of different

1 patient populations, your Honor, so it's a large group of  
2 people.

3 JUSTICE FRIEDMAN: Was this the one with the 14,000  
4 people? How many people were studied?

5 MR. HOOPER: Your Honor, let me be clear. This  
6 5,194 represents the total number of Neurontin-exposed  
7 patients in some 52, I believe, approximately 50 separate  
8 clinical trials, separate studies conducted over years. The  
9 placebo would be the total number of patients which goes to  
10 placebo there.

11 JUSTICE FRIEDMAN: And this was the data that was  
12 submitted to the FDA before its issuance of the alert?

13 MR. HOOPER: Correct, your Honor, correct. And  
14 would you please put up --

15 JUSTICE FRIEDMAN: While you're looking for that, I  
16 just want to ask the professor. I'm going back. Did you  
17 identify in your report for this case any scientific  
18 methodology that you followed in reaching your conclusions  
19 other than the methodology in the medicolegal book that we  
20 looked at earlier this afternoon, and if so, what methodology  
21 did you identify?

22 THE WITNESS: Yes, thank you for the question, your  
23 Honor. As a neuroscientist, I have prepared a report based  
24 upon the methods that I use in all my research, and also when  
25 I write books or write learned articles. In other words, one

1 reads literature, incorporates that into the overall scheme  
2 of your understanding -- in my case, of how the brain  
3 works -- and then crystallizes all of that into a coherent  
4 model, if you like, as to explaining cause and effect,  
5 because cause and effect is always based on models. So as a  
6 neuroscientist, my method is peer-reviewed literature,  
7 literature searches; importantly, discussion with colleagues  
8 about the latest information, the latest data; and attending  
9 international conferences, going to meetings; and, of course,  
10 my own research. And my own research in this field --  
11 namely, that of examining the effects of antiepileptic drugs  
12 on behavior -- goes back nearly 30 years. So I have a  
13 considerable mountain of information that I bring to  
14 preparing reports such as this.

15 Q. And, Professor Trimble, when I asked you almost verbatim  
16 the same question that Judge Friedman just asked you, you  
17 spoke of no mountains. Instead, you said you followed that  
18 Chapter 9 that we started with today, didn't you?

19 A. If you'd like to go back to Chapter 9, I make it quite  
20 clear that the most important -- you can read it, but it's in  
21 there -- the most important thing in examining causality,  
22 biological causality, is the empirical method. And the  
23 empirical method is a long-standing method of psychiatric or  
24 scientific inquiry, posing hypotheses and testing them. And  
25 it's in there clearly. The empirical method is what I imply



1 I have used.

2 MR. HOOPER: Professor Trimble, thank you very  
3 much. It's nice to see you again.

4 Judges, my time is up, and I will pass the witness.

5 JUDGE SARIS: But before I let you go, you've put  
6 up a graph, the last one up there, that I thought you'd ask  
7 about.

8 MR. HOOPER: I'd be happy to, your Honor.

9 JUDGE SARIS: The FDA statistic.

10 MR. HOOPER: Sure.

11 JUDGE SARIS: This is from the most recent FDA  
12 statistics the plaintiffs gave us last week, right?

13 MR. HOOPER: Indeed it is. Your Honor, it's  
14 Figure 4 from their statistical analysis and review.

15 JUDGE SARIS: Yes, well, obviously this is the key  
16 thing, the FDA, so maybe -- I don't know if, Dr. Trimble,  
17 you've ever seen that?

18 THE WITNESS: Your Honor, I've seen many -- these  
19 are called tree graphs, and which one exactly this is --

20 JUDGE SARIS: If you're not familiar with it, we  
21 won't take time.

22 MR. HOOPER: Oh, I am familiar with it and --

23 JUDGE SARIS: No, I know you are. The question is  
24 whether Dr. Trimble is.

25 THE WITNESS: I feel it's a question for others to

1 answer.

2 JUDGE SARIS: Okay, thank you.

3 MR. HOOPER: Thank you, your Honor.

4 JUDGE SARIS: Now, hold on. You have 30 minutes,  
5 right? We should probably have a break. We've been going  
6 for two hours, and for court reporter purposes and, frankly,  
7 for ours as well, why don't we just go off the record right  
8 now just for our scheduling.

9 (A recess was taken, 4:10 p.m.)

10 (Resumed, 4:25 p.m.)

11 JUDGE SARIS: So I'm assuming you all did the raw  
12 math. If everybody does an hour and then a half an hour, we  
13 will not finish tomorrow. Let's finish this witness and then  
14 talk about how we're going to schedule everything.

15 MR. FINKELSTEIN: Thank you, your Honor.

16 REDIRECT EXAMINATION BY MR. FINKELSTEIN:

17 Q. I want to start off, Professor Trimble, by clearing up  
18 some mischaracterizations, if I may. The defendant said  
19 something about the Hill criteria.

20 MR. FINKELSTEIN: Can we mark and I'll hand up to  
21 your Honors -- I'll offer it as an exhibit. One can be the  
22 original. And this is all I have.

23 (Plaintiff Exhibit 2 received in evidence.)

24 (Discussion off the record.)

25 Q. I just handed up to you, Professor, an article by Austin

1 Bradford Hill. Do you recognize that?

2 A. I do.

3 Q. And when Mr. Hooper asked you a question about your  
4 book, Chapter 9, and you responded about empirical evidence,  
5 what is empirical evidence?

6 A. Empirical is observation of scientific evidence.

7 JUDGE SARIS: No. Can I tell you what we were  
8 talking about upstairs?

9 MR. FINKELSTEIN: Sure.

10 JUDGE SARIS: I don't need to hear about Kant and  
11 Nietzsche or all of this stuff. I need to understand the  
12 science, okay? So they're great and I studied them. I want  
13 to understand what's happening here. So what's important  
14 here is for you to explain to us the scientific principles  
15 that govern what his basic opinion is and what it's based on,  
16 okay? Let's just jump to that. You have half an hour.

17 Q. Professor Trimble, why don't you tell her your  
18 scientific opinion and how you came to it.

19 A. Would it help if I just drew this quickly on something?

20 JUDGE SARIS: We need to be taught.

21 THE WITNESS: Your Honor, I will do my very best.  
22 Where would I draw it?

23 Q. Now, Professor Trimble, you rendered an opinion that  
24 Neurontin leads to suicidality. And before you actually do  
25 that, Professor Trimble, I just want to offer this book.

1 This book is what, Professor Trimble?

2 A. Oh, that is the last edition of my text on "Biological  
3 Psychiatry," which is a teaching book explaining  
4 neurotransmitters, neurons, neuroscience basically, and how  
5 that relates to psychiatric illness, from schizophrenia to  
6 panic disorder, but also including depression.

7 JUDGE SARIS: What medical schools use that book?

8 THE WITNESS: Oh, I really can't answer it. It  
9 sold very well, and I'm writing the third edition. I can  
10 only tell you it was a bit of a best seller at the time,  
11 but --

12 (Laughter.)

13 THE WITNESS: But what medical schools use it, I  
14 don't know.

15 JUDGE SARIS: Well, was it written more for people  
16 like me, or more for medical students, or more for doctors in  
17 the field?

18 THE WITNESS: It was really written for post-  
19 graduates who were interested in brain science and psychiatry  
20 and neurology, so postgraduate level.

21 JUDGE SARIS: It wasn't on the New York Times Best  
22 Seller List?

23 THE WITNESS: No.

24 JUDGE SARIS: All right, so really it was a  
25 professional book geared to --

1 THE WITNESS: That is correct, your Honor.

2 (Plaintiff Exhibit 1 received in evidence.)

3 Q. And contained within this book, do you describe the  
4 methods to evaluate how drugs affect brain chemistry?

5 A. The methods within that book are the methods that I've  
6 described, which has to do with how a scientist evaluates  
7 data and produces it, but it doesn't specifically outline a  
8 methodology because that's not what a book like that does.

9 Q. Well, did you describe how one would evaluate drugs'  
10 effect on brain chemistry in this book?

11 A. What is in there is how you make diagnoses and how you  
12 evaluate data, yes.

13 Q. And did you follow the methods of how you evaluate data  
14 that you outline in that book in your preparation of your  
15 report?

16 A. That's correct.

17 Q. Why don't you explain to the Court how Neurontin in fact  
18 implicates suicidality in humans.

19 A. It's a very simple statement that I'm going to make to  
20 show you. So Neurontin, we have peer-reviewed evidence in my  
21 report leads to an increase of this -- excuse my writing, but  
22 it's a little wobbly -- GABA within the central nervous  
23 system.

24 Q. Now, you describe peer-review evidence supports  
25 Neurontin increases GABA. Are there any objective tests that

1 support that? And describe for your Honors what an objective  
2 test --

3 JUDGE SARIS: Well, actually, this point was  
4 conceded, so we don't need to spend much more time on it.  
5 They agreed, it increases GABA within the central nervous  
6 system.

7 THE WITNESS: And the key studies are spectroscopy,  
8 which we've heard about, but there are other studies which  
9 support spectroscopy, that the increase in GABA in the human  
10 brain is physiologically active and increases inhibition in  
11 the brain. In other words, it's not simply that it's stuck  
12 in the cells. The GABA comes out of the cells and alters the  
13 physiology of the human brain.

14 JUSTICE FRIEDMAN: Professor, the defendants seem  
15 to be making some distinction between increases of GABA in  
16 the whole brain and increases in the raphe. I hope I  
17 pronounced that correctly. If you have a position on that  
18 distinction that is being made, it would be helpful if you  
19 articulate it in the course of your presentation.

20 THE WITNESS: I will do that immediately, your  
21 Honor.

22 MR. FINKELSTEIN: And can I just add one comment.  
23 Everything that's supported by peer-review literature and  
24 that which you've cited in your report, would you highlight.  
25 Not necessarily the literature. I know you don't have that,

1 but --

2 THE WITNESS: The increase in GABA, which is  
3 measured in part of the brain, the cortex, leads to a change  
4 of serotonin. And it is serotonin which is in, as you quite  
5 rightly said, the raphe nuclei. Okay, so it's the serotonin  
6 comes from the raphe nuclei, which are small nuclei well down  
7 underneath the cortex of the brain. The GABA increase occurs  
8 all over the brain, but it's the raphe that have to do with  
9 the serotonin side of the story. That was the serotonin side  
10 of the story.

11 So the small cells in the raphe nuclei down and  
12 deep in the brain release serotonin, but the increased GABA  
13 leads to a decrease of the serotonin. So that's quite  
14 straightforward. Here we've got A, Neurontin increasing  
15 GABA. Here we have B, increasing GABA, decreasing  
16 serotonin.

17 We know from biological psychiatry, it's one of the  
18 most secure findings in biological psychiatry, that if you  
19 decrease the turnover of serotonin in the human brain, you  
20 get changes of behavior which include mood disturbances, but  
21 most particularly suicide -- and there's a lot of work in my  
22 book described on this -- and, even more importantly, suicide  
23 by violent means, a violent suicide.

24 So this is C. So the straightforward, the logical  
25 contention is that A leads to B, B leads to C, and therefore

1 A leads directly to C. That is the summary of the case. And  
2 all of these steps are supported in the brain-based  
3 literature, the scientific neuroscience literature. That is  
4 the basis of the case.

5 May I explain further, or is that clear, your  
6 Honor?

7 MR. FINKELSTEIN: Well, it's Judge Friedman's  
8 question, so I'll move forward. Okay, as long as the Court  
9 is satisfied.

10 JUSTICE FRIEDMAN: Thank you.

11 Q. Professor Trimble, while you're still standing there,  
12 can you explain why the increase in the whole brain GABA,  
13 whether that is significant or not and why?

14 A. There has been a suggestion that -- and, by the way,  
15 only in this case, not from the papers that these data come  
16 from -- that somehow if you increase GABA in the central  
17 nervous system by a figure of 30 or 40 percent, it has no  
18 physiological effect, it has no effect on the behavior of the  
19 nerve cells. Not only does this seem highly improbable,  
20 highly implausible, but there are other studies in addition  
21 to the spectroscopy where you show the increased chemical  
22 that shows that the increase in GABA that you see following  
23 gabapentin administration leads to a slowing down, an  
24 inhibition of the nerve cells actually in the brain. And  
25 these data are EEG data. That's where you measure the brain



1 waves. And it's been done in volunteers. You give  
2 gabapentin to volunteers, and you can show it alters the  
3 brain waves.

4 And also there's another method, which I don't want  
5 to go into, but where you stimulate the brain very rapidly  
6 with magnetic pulses, and by doing that, you can see how  
7 quickly the neurons are working in the brain. And after  
8 single doses of gabapentin, you can show a slowing down of  
9 the neuronal traffic, the nerve traffic in the cortex.

10 So these increases in GABA are physiologically  
11 relevant and important. They're not merely a side  
12 observation. They are physiologically important.

13 JUDGE SARIS: Well, how do you explain the data  
14 that in the clinical trials of the Neurontin that was handed  
15 over to the FDA, the fact, if it's such a simple equation,  
16 why haven't there been more suicidal kinds of events?

17 THE WITNESS: Well, let me be very clear that not  
18 everybody that takes this particular drug has this particular  
19 effect.

20 JUDGE SARIS: Sure. They claim, though, it's 5,194  
21 people, and they claim that there are only two even remotely  
22 suicidal ideation kinds of events.

23 THE WITNESS: Yes, because these events are  
24 relatively rare. If a drug caused more of those events, they  
25 would never get onto the market, if I can put it like that.

1 And so I hope I explained that this part of the story has an  
2 important endogenous component, a component of the people who  
3 you give the drug to. If you have somebody with very  
4 insecure serotonin metabolism -- in other words, somebody  
5 with a mood disorder --

6 JUDGE SARIS: Like bipolar or something like that.

7 THE WITNESS: Exactly, that's absolutely correct,  
8 your Honor. And I pointed out that less than 3 percent of  
9 those patients in those trials had bipolar disorder or some  
10 kind of psychiatric disorder, so you would not expect in a  
11 population of 3 percent of the 5,000 to pick up suicide  
12 events.

13 And the other thing, your Honor, is that in  
14 pharmacological/pharmaceutical research, rarer side effects  
15 you do not pick up until the drug goes out on general  
16 release. When it's not given to 5,000 people, many of whom  
17 have had restricted the actual predisposition, it goes out  
18 to, we've heard, millions of people. And that's when you  
19 begin to pick up signals, and it's upon those signals that  
20 companies have to act.

21 Q. And when you say rare event, if an event is one in  
22 30,000, would you expect to see any event when there's only  
23 5,000 studied?

24 A. You would never pick up an event of one in 30,000 in the  
25 clinical trials that drug companies do because the numbers

1 are simply too small.

2 Q. Is that called powering?

3 A. The power of the statistics is not sufficient.

4 Q. And you were asked by Mr. Hooper with respect to whether  
5 or not you were the only one who says Neurontin is GABAergic  
6 or GABAmimetic. What is GABAmimetic?

7 A. GABAmimetic I believe was the term that the FDA used in  
8 their most recent document.

9 Q. I've put it up here, the statistical review and  
10 evaluation. Can you please go to the page where -- in this,  
11 did they not classify the eleven drugs into three different  
12 pockets?

13 A. It is traditional to classify antiepileptic drugs into  
14 these pockets.

15 Q. And what were they? What were the pockets? Up on the  
16 board, why don't you describe them.

17 A. The first is sodium channel-blocking drugs. The second  
18 is GABAergic, and they use "GABAmimetic" to get around, I  
19 think, some of the problems that have been raised by uses of  
20 the term "GABAergic." And then it says here carbolic and  
21 hydrosignificance. It's another way of trying to control  
22 seizures.

23 Q. And the second drug listed there, gabapentin, is --

24 A. Gabapentin is viewed by the FDA, and by a lot of my  
25 colleagues still, as a GABAergic agent. Now, I'm talking

1 about in the epilepsy field, which is where I do a lot of my  
2 work.

3 Q. And the fact that it's GABAergic, you would expect to  
4 find the increase in the GABA spectroscopy and the activation  
5 on GABA?

6 A. That is correct.

7 Q. And do you know --

8 JUSTICE FRIEDMAN: Excuse me. Why are you making  
9 the point of noting that gabapentin is recognized as  
10 GABAergic in the epilepsy field?

11 THE WITNESS: Well, because there's been some  
12 suggestion in this legal case that somehow gabapentin does  
13 not increase GABA in the central nervous system; but, as I  
14 emphasized in my evidence, it was developed as an  
15 antiepileptic compound specifically with an idea that it  
16 would increase GABA, and it was heralded with great  
17 enthusiasm that it was GABAergic when this spectroscopy was  
18 studied. So the idea that it isn't GABAergic is simply not  
19 in the peer-reviewed literature. All of the Pfizer documents  
20 that I have read say it's GABAergic.

21 JUDGE SARIS: And where is the peer-reviewed study  
22 that says that the decrease in serotonin leads to suicide  
23 that is violent suicide?

24 THE WITNESS: Yes, your Honor, that is all in my  
25 report. It's not one peer-reviewed study. There are

1 dozens -- well, a good twenty studies.

2 JUDGE SARIS: That says it leads to suicide?

3 THE WITNESS: Suicidality, suicide acts, but most  
4 particularly, violent suicide.

5 JUSTICE FRIEDMAN: I'm sorry. Didn't you testify  
6 when the defendants were questioning you that there was not  
7 one study that purports to demonstrate that gabapentin causes  
8 suicide?

9 THE WITNESS: This is to do with the double-blind  
10 studies that I've already suggested are totally --

11 JUSTICE FRIEDMAN: Are you talking about random  
12 controlled studies?

13 THE WITNESS: Yes, yes.

14 JUSTICE FRIEDMAN: Are you distinguishing them from  
15 peer-reviewed literature or epidemiological studies?

16 THE WITNESS: The epidemiological studies, your  
17 Honor, are the FDA data, as far as I'm concerned. There are  
18 single case reports in the scientific literature about people  
19 taking overdoses with Neurontin. I mean, but -- but, your  
20 Honor, if you review the documents from the company,  
21 5 percent is the percentage of depression noted as a side  
22 effect in not just the clinical trials, in the double-blind  
23 trials, but in other studies as well. A figure of 4 to 5  
24 percent depression regularly is seen in the side effect  
25 profile of this drug.

1 Now, it's not --

2 JUSTICE FRIEDMAN: Can I just ask something about  
3 the Petroff and Kuzniecky studies? A great deal of time was  
4 spent on them in defendants' examination, and my  
5 understanding is that they were being focused on because they  
6 didn't show any acute side effects as a result of decrease in  
7 serotonin. Is that --

8 THE WITNESS: An increase in GABA.

9 JUSTICE FRIEDMAN: Increase in GABA, they didn't  
10 discuss decrease in serotonin?

11 THE WITNESS: No. I think the point that was being  
12 made -- sorry.

13 JUSTICE FRIEDMAN: What I want to ask about that  
14 is, are these the only two studies that discussed the side  
15 effects from increased GABA? Where do these studies fall in  
16 the universe of literature on side effects? I'd like to have  
17 some context.

18 THE WITNESS: Yes, these studies were not looking  
19 at side effects, but Mr. Hooper -- sorry. What happened was  
20 that when it was put to me, Mr. Hooper pointed out to me that  
21 some 20 percent of these -- one study was on volunteers,  
22 people like you and I. Another study was on people with  
23 seizure disorders. He pointed out to me there was about a  
24 20 percent reporting of side effects acutely, which I think  
25 is sufficient to suggest to me that this is having a toxic

1 effect on the central nervous system; ataxia, loss of  
2 balance, drowsiness, somnolence, I think the figure he showed  
3 me was 20 percent, which seems to me to be quite high.

4 Q. And these studies are individuals who took it that day,  
5 and they do the spectroscopy shortly thereafter?

6 A. That was correct, although he also pointed out the  
7 longer-term study which shows after some weeks that  
8 gabapentin raises GABA levels in the central nervous system,  
9 but he also pointed out the side effects were still reported  
10 then.

11 Q. And there were only eleven people in that study, I  
12 believe?

13 A. I don't remember.

14 Q. It was a small number?

15 A. Yes. I think it was ten people.

16 Q. Ten people? And would it surprise you whether or not  
17 there's an adverse event of suicidality in an N of 10?

18 A. You would not expect.

19 JUSTICE FRIEDMAN: Are there other studies that  
20 discuss the side effects from an increase in GABA?

21 THE WITNESS: There certainly are.

22 JUSTICE FRIEDMAN: Have you identified them in your  
23 report?

24 THE WITNESS: Yes, the one I have mentioned in my  
25 report, your Honor, is a brain wave study. Now, an EEG, you

1 know, where you measure the brain waves, electrical brain  
2 waves, there was a study done on volunteers, people like you  
3 and I, given gabapentin; and they were given the drug, and  
4 the brain waves were measured, and their side effects were  
5 monitored. And not only did gabapentin alter the pattern of  
6 the brain waves in a direction showing inhibition, in keeping  
7 with this, but the amount of change of the brain waves was  
8 correlated with the reporting of the subjective side effects  
9 that people had. And these were volunteer studies, so people  
10 have looked at these effects in gabapentin.

11 Q. Did the FDA take all of in their most recent statistical  
12 review and they put together as a group the entire GABAergic  
13 class and evaluate the adverse events for them?

14 A. They did.

15 MR. FINKELSTEIN: And it's up on the screen, your  
16 Honors.

17 Q. You're looking at the sub just GABAergic class, and it's  
18 up on the screen, if you want to look at it. Can you tell us  
19 what significance, if any, that has with respect to the  
20 GABAergic subgroup of anticonvulsants causing suicidality?

21 A. Merely that the statistics showing the increase in  
22 suicidality, and at the bottom you have the overall value,  
23 which is -- these are FDA statistics. And if -- okay,  
24 there's no pointer. But the GABAergic agents clearly fall to  
25 the right of the line of one, which is like a center point



1 for the --

2 Q. And what does that mean that it falls to the right?

3 A. It means there's an increased chance with those agents,  
4 a significantly increased chance with those agents of having  
5 a suicide event.

6 Q. And that significant increased chance of having a  
7 suicide event is compared to placebos?

8 A. These data were, I believe, on placebo-controlled  
9 trials.

10 Q. Placebo-controlled trials?

11 A. Yes.

12 Q. So the evaluation of the GABAergic drugs showing an  
13 increased risk of suicidality compared to placebo in fact  
14 supports the position that you outlined in your paper, does  
15 it not?

16 A. The FDA data is a piece of the jigsaw which fits  
17 together with the biological evidence that I have brought  
18 forward in my paper.

19 Q. And have you ever seen any article that says Neurontin  
20 doesn't cause suicide?

21 A. No.

22 Q. Or doesn't lead to suicidality?

23 A. No.

24 Q. Has it been studied that you're aware of?

25 A. No.

1 Q. Just that there are no peer-reviewed articles out there  
2 whatsoever?

3 A. No, there are no peer-reviewed articles.

4 JUDGE SARIS: Let me ask you, Pfizer makes much of  
5 the fact that the FDA pooled the GABAergic drugs and that the  
6 different drugs have different chemistries, and that when you  
7 actually look at gabapentin, it's at the least risky side,  
8 for want of a better word. Would you agree with that, that  
9 the pooling is not scientifically reliable?

10 THE WITNESS: I'm not an epidemiologist, and I  
11 would really rather defer that to others.

12 Q. As part of the FDA study we're talking about, I put up a  
13 slide. If you can look at this slide and explain this slide  
14 and what that means and as a relationship to gabapentin,  
15 because did the FDA extract out the single-pill, as you  
16 described them, studies?

17 A. The interesting thing to me about this slide, this  
18 picture, it doesn't necessarily relate to these drugs here,  
19 all of which fall to the right of the central odds ratio of  
20 1. All of these fall to the right.

21 Q. And falling to the right again means increased  
22 suicidality?

23 A. Increased risk of suicidality. Very interestingly,  
24 these two drugs, carbamazepine and Divalproex, which is  
25 called valproate acid, fall to the left; and, of course, it

1 is these two drugs which we know have some beneficial effects  
2 on mood.

3 Q. And did you outline that in your report as well?

4 A. I did.

5 Q. And were you surprised by the findings?

6 A. It vindicates again my distinguishing in my report these  
7 two drugs from the GABAergic agents.

8 Q. And to the right of the line, it indicates there's a  
9 generally increased risk to suicidality, correct?

10 A. And the overall risk shown down here, the finding as  
11 well is significant.

12 Q. In the overall?

13 A. Yes.

14 Q. I'd like to know, Professor Trimble, with respect to  
15 your methodology, did you consider temporality related to  
16 Neurontin's causative effect on suicidality?

17 A. By that, you mean that an effect follows a course?

18 Q. Yes.

19 A. The temporality is very clear that if you give a dose of  
20 Neurontin, you see an increase in GABA in the central nervous  
21 system reliably and reproducibly. So you give a drug, and  
22 you see the biological effect is temporality.

23 Q. And, by the way, didn't Pfizer hire you or retain you to  
24 evaluate the causative effect of gabapentin previously?

25 A. I did two reports for Pfizer quite some time ago on the

1 behavioral effects of Neurontin.

2 Q. And when you did those reports, they were in 1995 and  
3 1996?

4 A. That is correct.

5 Q. Were you asked to consider the world of literature and  
6 everything related to the adverse effect profile of  
7 gabapentin, or were you asked a very specific question?

8 A. I was asked a specific question.

9 Q. And as part of that specific question, did you evaluate  
10 fifteen to twenty specific cases?

11 A. It was somewhat more than that, but I --

12 JUDGE SARIS: Why don't you tell us what you did  
13 for them.

14 THE WITNESS: They were concerned about psychosis,  
15 your Honor, in relationship to their drug. And I was asked,  
16 first of all, to examine a quite small number of cases who  
17 had had psychosis on gabapentin, and I was unable to document  
18 that there was a link to psychosis.

19 They then sent me a much larger database of some,  
20 oh, fifty or sixty patients. Actually, it was seventy  
21 patients.

22 Q. Before you move on to the second database, in the first  
23 report, did you advise them that there's a link between  
24 gabapentin and depression?

25 A. I made a point that one of the strongest associations

1 with antiepileptic drugs and behavior was to depression and  
2 not to psychosis.

3 Q. And is there a biological difference between psychosis  
4 and depression?

5 A. Yes, there is.

6 Q. So one can have a psychotic event and have nothing to do  
7 with depression from a biochemistry standpoint?

8 A. That's correct.

9 Q. And what did you do in your second report?

10 A. I analyzed more cases of psychosis, but they also  
11 included thirty-three cases of depression and twenty-one  
12 patients who had become aggressive. And I could not find a  
13 link with psychosis. I told them that two out of ten cases  
14 of depression I thought were possibly linked to the drug,  
15 20 percent. And, interestingly, at that time, four out of  
16 nine cases that I could evaluate for hostility and aggression  
17 I suggested were possibly related to the drug. Sorry, four  
18 out of twenty-one, I do beg your pardon, four out of  
19 twenty-one. And five I thought were de novo, which was new  
20 cases of induced aggression and hostility after being given  
21 gabapentin.

22 I should make that clear once more. There were  
23 twenty-one cases of aggression. For twenty-one cases of  
24 aggression, I could analyze the data only from nine where I  
25 thought there was a link. So the others I didn't think there

1 was a link. But of those nine, there were five cases, which  
2 is five out of twenty-one of new cases of hostility and  
3 aggression.

4 Q. And the fact that it was a new case is significant for  
5 what reason?

6 A. Well, my warning was that psychosis may not be the  
7 problem, but that release of aggression and hostility may be  
8 a problem.

9 Q. And how is release of aggression and hostility related  
10 to suicidality?

11 A. Because of the decrease in serotonin and the increase of  
12 violent suicide.

13 Q. And the methods that you used when Pfizer retained you  
14 to do these evaluations, did you use the same methods that  
15 you applied in this case here?

16 A. Well, yes.

17 JUDGE SARIS: So do these results have any impact  
18 on whether or not this was an appropriate kind of drug to be  
19 using on people with bipolar or those kinds of cases that we  
20 have in these 700 cases?

21 THE WITNESS: Yes. Thank you, your Honor. That's  
22 of course a most important and relevant question, and my  
23 warning was that this, along with other antiepileptic drugs  
24 that affect GABA, should carry some kind of warning to  
25 doctors or patients that these behaviors may be seen with the

1 prescription of drugs in susceptible patients.

2 Now, at this time the drug was only used for  
3 epilepsy, and, to my knowledge, even to this day, the drug,  
4 certainly in the United Kingdom, is very limited in the  
5 prescription.

6 JUDGE SARIS: At this point was it being marketed  
7 for bipolar, do you know?

8 THE WITNESS: Not at all. I don't believe it's  
9 been marketed for bipolar disorder anywhere in the world at  
10 any time.

11 Q. I think you're using two difference definitions,  
12 marketed from a business standpoint, marketed from an  
13 approval standpoint. Can you explain that difference for her  
14 Honor?

15 A. I'm sorry, your Honor. A drug needs a license to be --  
16 doctors look at what the drug is approved for by regulating  
17 authorities. What I should have said is, I do not believe  
18 that Neurontin has a license for use anywhere in the world in  
19 bipolar disorder; and at this time when I was doing those  
20 early reports, as far as I know, it only had the product  
21 approval for epilepsy.

22 Q. But the company may have marketed it for bipolar, but it  
23 may not have been approved for bipolar? That's the  
24 distinction, right?

25 A. I think there's a big difference between approval and

1 marketing.

2 Q. Would it have been appropriate for the company to market  
3 the drug gabapentin for bipolar treatment based on the  
4 information you provided to them in 1995 and 1996?

5 A. I believe it would have been a dangerous maneuver.

6 Q. And why is that?

7 A. Because there's a signal that it's a GABAergic agent  
8 that can lead to deleterious behavior, including depression.  
9 But I have to say, Mr. Finkelstein, a lot of the discussions  
10 have been about depression; whereas, the signals for  
11 hostility and aggression, which of course you don't find in  
12 DSM manuals or whatever, but this to me is just as important  
13 as depression, the release of hostile aggression in people  
14 with these antiepileptic and GABAergic compounds.

15 MR. FINKELSTEIN: That's all I have, your Honor.

16 JUDGE SARIS: All right. Well, thank you very  
17 much, sir.

18 JUSTICE FRIEDMAN: Thank you.

19 (Witness excused.)

20 JUDGE SARIS: So what should we -- I haven't even  
21 had a chance to talk to Judge Friedman yet, but the thought  
22 occurred to me, at the risk of turning everything around, it  
23 might be useful to do the 30 minutes first -- in other words,  
24 the positive presentation first, if you will, for both  
25 sides -- and then have the hour of cross afterwards.



1 MR. FINKELSTEIN: Sure.

2 MR. ROUHANDEH: I think that's fine, if your Honors  
3 prefer.

4 MR. FINKELSTEIN: Frankly, your Honor, the  
5 reason --

6 JUDGE SARIS: It just struck me, our frustration a  
7 little bit was it seemed -- we've had a chance to read the  
8 report. At least I haven't read the attachments ever. I  
9 mean, there are boxes of them. So that when you flip one up  
10 on the screen, it's going too fast for me. I mean, I have to  
11 read it and the blowout comes. It's harder to learn. So, I  
12 mean, I've got the basic -- we both have read the basic  
13 materials, but if you're going to teach us anything, it makes  
14 sense to do the 30-minute summary --

15 MR. FINKELSTEIN: Sure, we're fine. You had an off  
16 comment when we were suggesting this, and you said, well,  
17 just throw them on cross-examination. That's the only reason  
18 why we're following it. We're happy to put them on first.

19 JUDGE SARIS: It may have been one of my bad  
20 ideas. I'm just simply saying it doesn't work. So would  
21 that throw everything off for you? I think it makes some  
22 sense really.

23 MR. ROUHANDEH: Yes, I think we're fine with that,  
24 your Honor.

25 JUDGE SARIS: And if you want to reserve five

1 minutes of it for a redirect, you know, you get 30 minutes in  
2 total, and we'll do it that way. But even doing it that way,  
3 we're not going to be done tomorrow. We'll be here at 9:00,  
4 and then we'll have to figure out what to do if all of them  
5 go the full amount of time, okay? Because just spinning out  
6 the amount of time, it's not going to finish. Okay? Great.

7 JUSTICE FRIEDMAN: May I just say, it would be  
8 helpful tomorrow, if it's possible, to have copies of the  
9 entire documents that you're questioning on the screen from,  
10 not depositions necessarily but scientific studies and  
11 literature.

12 MR. ROUHANDEH: We'd be happy to do that.

13 JUSTICE FRIEDMAN: Thank you.

14 JUDGE SARIS: Thanks. See you tomorrow.

15 MR. FINKELSTEIN: Thank you.

16 MR. ROUHANDEH: Thank you.

17 JUDGE SARIS: And you might want to talk afterwards  
18 about what you want to do if we don't finish, all right?

19 (Adjourned, 5:00 p.m.)  
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21  
22  
23  
24  
25

C E R T I F I C A T E

UNITED STATES DISTRICT COURT )  
DISTRICT OF MASSACHUSETTS ) ss.  
CITY OF BOSTON )

I, Lee A. Marzilli, Official Federal Court  
Reporter, do hereby certify that the foregoing transcript,  
Pages 1 through 106 inclusive, was recorded by me  
stenographically at the time and place aforesaid in Civil  
Action No. 04-10981-PBS, In Re: Neurontin Marketing and  
Sales Practices Litigation, and thereafter by me reduced to  
typewriting and is a true and accurate record of the  
proceedings.

In witness whereof I have hereunto set my hand this  
5th day of July, 2008.

/s/ Lee A. Marzilli

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LEE A. MARZILLI, CRR  
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